

HbA1c

Aim for HbA1c of 53mmols/mol (IFCC) as this is associated with better outcomes, microvascular and macrovascular.

If poor control consult GP re medication and reinforce advice about diet, weight management and exercise. An HbA1c measurement must be recorded annually

NB: DCCT units of measurement is no longer used, please ensure an **IFCC** value is recorded.

See conversion table below for further information:

Conversion table

DCCT HbA1c (%)	IFCC HbA1c (mmol/mol)
4.0	20
6.0	42
6.5	48
7.0	53
7.5	59
8.0	64
9.0	75
10.0	86
12.0	108
14.0	130
16.0	151

Diagnosis of type 2 Diabetes

