

## Use of bedrails.

Unless it is stated clearly in bed / trolley manufacturer user instructions that bedrails can be used by persons (patients) to hold and move themselves with, a patient should **NOT** be encouraged to hold onto the rails as demonstrated below:

### An aid to move onto side



### An aid to move up the bed



### An aid to stand up



**Always follow the bed / trolley manufacturer's instructions in regards to the appropriate use of the products bedrails. Further guidance is available by contacting NHS GGC Moving and Handling / Falls Prevention Teams.**