Aide Memoire – Rubella

Consult SOP and isolate in a single room with:
- ensuite / own commode
- door closed
- IPC yellow sign on door
- dedicated equipment

Patient Assessed Daily

It has been 7 days since the onset of the rash?

Yes

- Stop isolation
- Undertake terminal clean of room

No

SOP – Guidelines for patients in isolation:

Hand Hygiene: Liquid Soap and Water or alcohol based hand rub

PPE: A fluid resistant Type 11R surgical mask and disposable yellow plastic apron and gloves should be worn for all routine care of the patient. An FFP3 mask must be worn during AGPs and for up to 2 hours after the procedure depending on the air changes in the room.

Patient Environment: Twice daily chlorine clean

Patient Equipment: Chlorine clean after use and at least on a twice daily basis

Laundry: Treat as infected

Waste: Dispose of as Clinical / Healthcare waste

Incubation Period: 14 – 21 days

Period of Communicability: 7 days before, until 6 days after the onset of rash.

Notifiable Disease: Yes

Transmission Route: Droplet

Symptoms: can include rash (starting on face and moving across trunk to limbs); sore throat; fever; conjunctivitis; lymphadenopathy and arthralgia.

The most up-to-date version of this sop can be viewed at the following website: www.nhsggc.org.uk/your-health/public-health/infection-prevention-and-contol