

# Core brief

**Daily update**  
**(7 April 2021, 4.10pm)**

Topics in this Core Brief:

- BHF UMOD Study
- Health Care Support Worker resources and development
- Don't Assume, Do Ask!
- COVID-19 Risk Assessment

## **BHF UMOD Study**

Do you have high blood pressure? Would you like to take part in research? Are you on medication and your blood pressure is still high?

Medication is often selected on a trial-and-error basis but researchers in Glasgow, Dundee and Edinburgh would like to look at your genotype (inherited information) and see how you respond to an antihypertensive medication.

Interested?

The BHF research team based at the Clinical Research Facility at QEUG are recruiting for this study. Call the research team on 0141 232 4310 or email [Stefanie.Lip@ggc.scot.nhs.uk](mailto:Stefanie.Lip@ggc.scot.nhs.uk) / [Glasgow.CRF@ggc.scot.nhs.uk](mailto:Glasgow.CRF@ggc.scot.nhs.uk)

Visit <https://www.bhfumod.co.uk/> for more information.

## **Health Care Support Worker resources and development**

A new resource and development hub has been created for Health Care Support Workers (HCSW) to easily access professional development resources in one place.

There are links to different support sites such as NES, our own development programmes and a sample of training courses with instructions on how to access them.

[Click here to visit the Hub.](#)

## **Don't Assume, Do Ask!**

The "Don't Assume, Do Ask!" scheme will be rolling out across NHSGGC acute services on the following dates:

South Sector – Monday 12 April  
Clyde Sector – Monday 26 April  
North Sector – Monday 10 May

The team is running sessions via MS Teams, Monday to Thursday, 14.00 – 15.00 each week. These are open to all and there will be the opportunity to discuss issues and ask questions. [Click here to access the meeting link](#), which you can then save into your calendar.

The scheme is a paperless system, designed to underpin a person-centred approach to meet the needs of people living with dementia within our acute and general hospitals. Rather than a blanket approach to care, the scheme is designed to be used where potential benefit has been identified and uses a discreet forget-me-not symbol, displayed on the person's bedside to encourage all staff to ask how their practices, communication and behaviours might be adapted to ensure people living with dementia are fully engaged in their assessment, care and rehabilitation.

The "Don't Assume, Do Ask!" scheme intends to prompt everyone interacting with the person with dementia to look beyond diagnosis and consider the wider issue which can have an impact on outcomes and to support the use of personalised strategies.

To support integration into practice, the scheme links closely to complementary processes currently used, such as "Getting to Know Me". There are also a range of training and information materials available for staff and those with dementia, their families, friends and carers. These materials can be found by on StaffNet: <http://www.staffnet.ggc.scot.nhs.uk/Acute/Dementia2/Pages/ForgetMeNot.aspx>

In the meantime if you have any questions you can email [Sandra.Shields@ggc.scot.nhs.uk](mailto:Sandra.Shields@ggc.scot.nhs.uk) or [Christine.Steel@ggc.scot.nhs.uk](mailto:Christine.Steel@ggc.scot.nhs.uk).

## COVID-19 Risk Assessment

The COVID-19 Risk Assessment has been further updated, of particular note is the inclusion of controls measures related to ventilation. Local managers should use the risk assessment as the basis for their own local risk assessments.

The assessment can be found at: [COVID 19 risk Assessment V6](#).



Please keep up-to-date with the latest guidance on our dedicated web pages at: [www.nhsggc.org.uk/covid19](http://www.nhsggc.org.uk/covid19). If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: [staff.covid19@ggc.scot.nhs.uk](mailto:staff.covid19@ggc.scot.nhs.uk)

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

**It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [StaffNet](#)**