

Core brief

Daily update

(16 March 2021, 11.45am)

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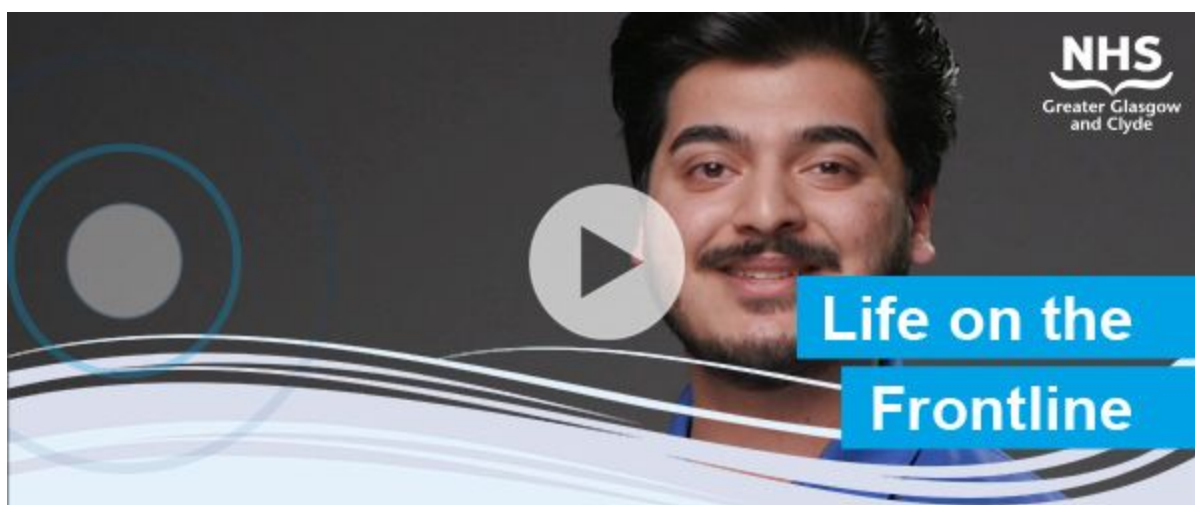
Life on the Frontline – Zain Khan

As we continue our Life on the Frontline features we hear from [Zain Khan](#), a Clinical Lead in our COVID-19 vaccination clinics.

Zain talks about his role as Clinical Lead ensuring the smooth running of the vaccination clinic and excellent standards of care are maintained. He is also an experienced vaccinator so can help out vaccinating service users as and when required.

Zain has taken on this role in his free time over the weekends as he works full time as a Health Visitor.

We hope that you are enjoying these personal accounts of life on the frontline, if you want to watch all of our videos on how our staff are adapting during the pandemic [click here](#). If you would like to feature in one of the videos and tell us about how you and colleagues have been affected, then please get in touch: staffnewsletter@ggc.scot.nhs.uk



Young Carers Action Day – 16 March 2021

The theme of this year's [Young Carers Action Day](#) is "Protecting Young Carers' Futures" and hopes to shine a light on the incredible skills young people develop through helping to support others, such as resilience, organisation and compassion.

This year has been particularly hard for young carers who have had to cope with the everyday challenges of lockdown such as online schooling and restriction on seeing friends and family, as well as continuing to provide care to those they support and dealing with the stress and worry that they or a loved one might get ill.

It is important for young carers to feel supported throughout their life and given the same opportunities as their peers. Local carer services can provide respite for young carers, as well as helping them to acknowledge their own strengths and begin to think and plan for the future, whether that is further education or starting off in the workplace.

If you know or work with any young person who you think might be a young carer please encourage them to link with local carer support services where they can get further support to help them in their role. Anyone can call 0141 353 6504 or find [local centre details](#) online to either self-refer or refer someone they know.

In the time of Covid it's still TIME for Delirium care.

Recognise our Delirium Superheroes this World Delirium Awareness Day - 17 March 2021

Do you have a colleague who understands and champions delirium care? Someone who shows great skill or compassion in their interactions or who goes out of their way to be helpful to someone with or at risk of delirium?

Throughout the COVID pandemic we've seen more delirium than ever but despite the extreme challenges the ongoing improvements in culture and care for delirium have continued. We want to learn from this excellence and use it to improve ongoing care and morale as it is important to remember that prevention is often better than cure.

This #WDAD2021 we want you to nominate your colleagues using [Delirium GREAT-ix](#) to say thank you to our Delirium Superheroes and to share great practice.

To nominate please email GRIGreat-ix@ggc.scot.nhs.uk (find us under Great-Ix on the NHSGGC Global Address List) by Wednesday 17 March with Delirium as the subject. Tell us who you are nominating (Job title and area/contact details if possible) and why - this is for all staff, clinical and non-clinical. Please remember to give enough detail to let us thank them and to learn from the encounter.

A presentation called "In the time of Covid-19 it's still TIME for delirium care" – is available on StaffNet: <http://www.staffnet.ggc.scot.nhs.uk/Acute/Dementia2/Pages/Delirium.aspx>

There will also be a discussion on Teams on 17 March from 2.00pm – 4.00pm, you can join in - [Click here to join the meeting](#) - and bring all your delirium and COVID questions.



Social distancing in the workplace

It is essential that all staff adhere to the [social distancing guidance](#) at all times. We want to ensure that you, your colleagues and our patients are safe and protected during this pandemic.

Social distancing applies to all areas across NHSGGC including public areas, canteens, offices, wards and break areas.

It is important that any gatherings, including those of celebratory nature such as birthdays or retirements do not take place. It is understandable that staff may want to mark these occasions, please consider alternative, safer ways such as virtual events.



Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: staff.covid19@ggc.scot.nhs.uk

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)