Vale of Leven Hospital serves a population of approximately 78,000 within the constituency of Dumbartonshire and is approximately 30 minutes from Glasgow, near the town of Alexandria. The hospital provides a range of services including inpatient beds, general medicine, women's health, orthopaedics, maternity services and a Minor Injuries Unit.

Vale of Leven Hospital is well served by public transport covering bus travel within the immediate area and linking to Alexandria, Balloch and Glasgow City Centre for onward connectivity. Bus services provide direct access to the main hospital entrance and allow interchange at Alexandria and Balloch rail stations, which are located approximately 1 mile from the main Hospital entrance.

To plan your journey by public transport, please use www.travelinescotland.com journey planner or visit www.scotrail.co.uk

Information on planning the optimal cycle route that suits you, is available at www.cyclestreets.net

Walking journey planning is available at www.walkit.com

Vale of Leven Hospital has been awarded Cycle Friendly Employer status by Cycling Scotland.

The Cycle to Work scheme is a salary sacrifice scheme available to NHS Greater Glasgow & Clyde staff*. With the Cycle to Work scheme, you can get your bike tax-free, which for most people means they save between 25% and 32% of the cost. Loans are available up to a maximum of £4,000 to use at a wide range of retailers, including Ebikes or if you just want to purchase some new accessories. As well as saving you money, it is good for your health and the environment.

There is a secure cycle shelter at the entrance to the Maternity Unit Building. Cycle racks are also available at this location. Changing and shower facilities are available within the male and female changing rooms.

*NHS Greater Glasgow & Clyde are not responsible for loss or damage to property. Staff should be vigilant and use the secure cycle shelters, where possible. ‘Sold Secure’ D locks are recommended. Bikes can be sex registered and registered at www.immobilise.com or www.bikeregister.com

For more information on active and sustainable travel, please contact the Travel Plan Office or visit Transport pages on Staffnet.

NHSGGC have a Bicycle User group for staff. Please contact TravelPo@ggc.scot.nhs.uk if you wish to be added to the BUG distribution list and be kept informed of initiatives and relevant cycling information for NHSGGC staff.

Information on planning the optimal cycle route that suits you, is available at www.cyclestreets.net

For more information on active and sustainable travel, please contact the Travel Plan Office or visit Transport pages on Staffnet.

All information is correct at December 2020.