

Core brief

Daily update
(5 January 2021, 4.15pm)

Topics in this Core Brief:

- Scottish Government Announcement – COVID Restrictions

DAILY REMINDER: Don't Spread the Virus at Work or Home
Strict hygiene measures must be adhered to. Wash your hands regularly. Use warm water and soap and rub your hands for at least 20 seconds.
Use hand sanitiser when you cannot wash your hands properly. Rewash your hands several times a day, especially after touching anything, including your phone or laptop. Wash or sanitise your hands regularly, particularly when entering or exiting a room or building.

Scottish Government Announcement – COVID Restrictions

As you will be aware the First Minister announced yesterday (Monday 4 January) that Scotland would enter new lockdown restrictions from today for the remainder of January.

We appreciate this may be difficult news for many of our staff, however, the First Minister was very clear; these restrictions have been put in place to try and slow the spread of the virus, reduce the number of COVID cases and reduce pressure on health and care services, so it is really important that we do all we can to abide by the guidelines in place and encourage our loved ones to do the same.

Yesterday's announcement reconfirmed shielding arrangements. Those of our staff who receive a formal letter from the Chief Medical Officer should arrange to work from home, and where this is not possible, should remain at home. Please liaise with your Manager and provide a copy of the letter from the Chief Medical Officer, who will then arrange for your time to be recorded as COVID Special Leave.

School provision and childcare is available for key workers, and this includes NHS staff. Arrangements will be confirmed by each local authority and may vary depending on which area you live in – you should arrange to contact your child's school or care provider for more details. If required, your Manager can provide a letter confirming your status.

The message from the First Minister continues to be to work from home where possible and NHSGGC's approach supports that position. Ongoing support and engagement for staff will be made available during this time through their local team and line manager.

We recognise the challenges faced by our staff and we appreciate your continued commitment to our patients, their loved ones and your colleagues. Now, more than ever, it is vital that we all support one another so that we can continue to effectively respond to the COVID-19 pandemic. Part of this is ensuring that we all take care of our own mental health and wellbeing, and support our colleagues to do the same.

If you feel you need any additional help, please speak to your line manager or visit our [website](#) for more information about what support is available.

Thank you for all your ongoing hard work and commitment in these challenging times.



Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: staff.covid19@ggc.scot.nhs.uk

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)**