

Core brief

Daily update
(7 December 2020, 6.50pm)

Topics in this Core Brief:

- Everyone Matters Pulse Survey results
- COVID-19 outbreak guidance update
- Payroll cut off dates – December and January
- Staff Wellbeing: Webinar Sessions for all Health and Social Care staff

DAILY REMINDER: Social Distancing is Everyone's Responsibility

Please work from home where possible. Where this isn't possible, local managers in conjunction with staff must ensure that the two metre social distancing guidelines are adhered to wherever possible.

Everyone Matters Pulse Survey results

The results of Everyone Matters Pulse Survey have now been shared with all Health Boards.

Over 18,000 of our staff took part in the survey and we would like to thank every one of you for doing so. Anyone who took part via email or SMS will receive a copy of the Board and/or your directorate report. If you submitted the survey via a paper copy you will be briefed about the results by your line manager.

We are currently analysing our results in more detail, however, an initial review shows us that coming to work and the support from colleagues and managers has helped get you through the first six months of the COVID pandemic.

We have also noted that staff feel we need additional focus in other areas, particularly feeling COVID safe in the workplace, IT issues and excessive workload, we understand the level of anxiety you may have and we will be looking at these matters closely to address your concerns.

Anne MacPherson, Director of Human Resources and Organisational Development, said: "The national survey was designed to help us understand how staff felt and find out about their experiences over the first six months of the COVID pandemic. Many comments have been extremely encouraging and have confirmed we are on the right track within key areas. However, feedback has also shown that we still have work to do in other areas and we are committed to putting focus on these."

We will publish a more detailed response to the results over the coming days, and also work with you on considering the most appropriate actions to address the areas you have identified. In the meantime if you have any thoughts or questions relating to your departmental reports, please discuss these with your line manager.

COVID-19 outbreak guidance update

The COVID-19 outbreak guidance has now been uploaded to the NIPCM (National Infection Prevention and Control Manual) and can be found at the link contained within chapter three:

<http://www.nipcm.hps.scot.nhs.uk/chapter-3-healthcare-infection-incidents-outbreaks-and-data-exceedance/>

Payroll cut off dates – December and January

A reminder that cut off dates for eESS Manager Self Service Transactions are as follows:

- December Pay – by 8 December 2020
- January Pay – by 11 January 2020

After above dates payroll department cannot guarantee that amendments and payments will be processed.

If you require assistance with an eESS transaction please contact:

- Mon to Fri: 10:00 am - 2:00 pm - Telephone: **0141 278 2700 Option 5**
- Email - eESS@ggc.scot.nhs.uk
- Manager and Employee Self Service Standard Operating Procedures (SOPs) - <https://www.eess.nhs.scot/mss/>

Staff are reminded to make sure their personal contact details are up to date on eESS.

Staff Wellbeing: Webinar Sessions for all Health and Social Care staff

Enhancing Personal Resilience: Managing Stress and Staying Positive

Thursday 10 December 2020 at 3 PM (1 hour duration)

A webinar led by Dr Alastair Dobbin and Sheila Ross, a Psychotherapist, both from the Foundation For Positive Mental Health. The session will include a short presentation with practical tips, followed by a Q&A. You will be introduced to the Feeling Good app which is available to all Health and social care staff via the National Wellbeing Hub www.promis.scot

Please register for this webinar **at 3 PM** via <https://www.eventbrite.co.uk/e/health-and-social-care-support-scotland-with-the-feeling-good-app-tickets-130295315797>

This webinar will be repeated **at 5 PM**. Please register for the webinar **at 5 PM** via

<https://www.eventbrite.co.uk/e/health-and-social-care-support-scotland-with-the-feeling-good-app-tickets-130297827309>

Coping with insomnia and sleep issues

Wednesday 16 December at 5 PM (45 Minutes Duration).

A webinar for Health and Social Services Staff led by Dr Dimitri Gavrilloff, a Clinical Psychologist and Sleep Medicine Specialist at the Sleep and Circadian Neuroscience Institute, Oxford and Clinician at Oxford University Hospitals. This session will also introduce you to the Sleepio app which is accessible to health and social care staff via the National Wellbeing Hub www.promis.scot

Please register for this webinar via: <https://www.eventbrite.co.uk/e/131459519963>

LONELINESS AND ISOLATION

Thursday 17 December 2020, 7 PM

Martin Stepek is one of Scotland's foremost teachers in Mindfulness, a published author in the field and ex-Sunday Herald's Columnist on Mindfulness.

Please register for this event via: <https://tenforzen.clickmeeting.com/loneliness-and-isolation-free-event/register>

Social distancing is everyone's responsibility

Remember 2m distancing includes breaks and lunchtimes



Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: staff.covid19@ggc.scot.nhs.uk

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)

