

Core brief

Daily update

(26 November 2020, 12.00 noon)

Topics in this Core Brief:

- Dr Beth White talks directly to nurses about COVID-19
- Hillington Laundry – unsung heroes
- Scottish COVID-19 infection prevention and control addendum for acute settings
- Carers Rights Day and National Carers Awareness campaign

DAILY REMINDER: Social Distancing is Everyone's Responsibility

Revisit your Social Distancing risk assessment if changes are required, and as a general reminder of the controls that are in place in your area of work.

[Dr Beth White, Consultant, Infectious Diseases and Acute Medicine](#), QEUH talks directly to nurses about COVID-19. This helpful video brings you an update on risk factors, treatment and how best to prevent yourself catching the virus as well as stopping spread to others. Click on the link above if you want to find out more about how to look after yourself and your patients during this pandemic.

Hillington Laundry – unsung heroes

Yesterday we welcomed STV News to our Hillington Laundry, as part of a feature on unsung heroes.

This will cover those staff members who, often away from frontline clinical care, have provided essential services throughout the COVID-19 pandemic. Head of linen services Kate Murray and one of her staff were interviewed and talked about the work they do and the role they play. We will keep you updated as to when it will be broadcast.

Scottish COVID-19 infection prevention and control addendum for acute settings

This addendum has been developed in collaboration with NHS boards to provide Scottish context to the UK COVID-19 IPC remobilisation guidance, some deviations exist for Scotland and these have been agreed through consultation with NHS Boards and approved by the CNO Nosocomial Review Group. [Click here to access.](#)

Carers Rights Day and National Carers Awareness campaign

Today is “Carers Rights Day” which coincides with the launch a new national campaign from Scottish Government to raise awareness of unpaid carers. Since the pandemic began it is thought that an additional 392,000 people have taken on a caring role, bringing the total number of unpaid carers in Scotland to around 1.1 million - that is almost 1 in 5.

We are proud to support this campaign, encouraging everyone to read between the lines to see the impact caring can have on people.

Without help and support, carers can become isolated, stressed and exhausted which may lead to a crisis point and deterioration of relationships. This is why early intervention and support is crucial. However, we also understand that every carer is unique, which is why support is tailored to suit everyone’s individual need.

Please help us to spread the word and encourage carers to seek support. Many people do not identify with the term, however if you think you may know someone who is providing additional support to others, or you think you might be a carer [click here](#) to find details of local centres or call 0141 353 6504.

NHSGGC is a Carer Positive organisation, meaning that we have policies in place to support carers within our workforce. You can visit [HR Connect](#) pages to find out more information.

As staff we also have a responsibility to ensure carers are identified, involved and supported. This includes a **legal obligation** to involve carers in discharge planning. Staff can refer carers to their local support services by calling 0141 353 6504 and giving details of the carer’s name, postcode and contact number. Please make sure you have permission before making a referral. For more information and resources please visit the [Carers Information](#) pages on the NHSGGC website.

Keep up to date with all the development by following the [NHSGGC Carer Twitter](#) account or [Facebook page](#)

Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: staff.covid19@ggc.scot.nhs.uk

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

Are your contact details up-to-date? [Click here](#) to check