



Self Assessment					
Clinical Practice	1	2	3	4	Comments
How confident are you in reflecting on your practice.					
How confident are you in discussing with your colleagues/manager ways to contribute to or improve person-centred care?					
How confident are you in working with others to evaluate the service you provide?					
Facilitating Learning	1	2	3	4	
How confident are you in planning for self-development?					
How confident are you in linking your learning experiences to the Flying Start Pillars of Practice?					
How confident are you in supporting others to learn within your practice environment?					
Leadership	1	2	3	4	
How confident are you in challenging behaviours inconsistent with person-centred care?					
How confident are you in your capabilities with motivating/ organising a team?					

How confident are you in asking for/receiving feedback on your performance?					
Evidence, research and development	1	2	3	4	
How confident are you drawing on best practice to inform the care that you give?					
How confident are you in accessing e-health resources to underpin person-centred care?					
How confident are you in using feedback from patients, carers and service users to contribute to improvements in care delivery?					

- 1- No confidence
- 2- Little confidence
- 3- Increasingly confident
- 4- Very confident