

# Core brief

**Daily update**  
**(31 August 2020, 3.05pm)**

Topics in this Core Brief:

- Life on the Frontline
- Mental Health Check In Now Open!
- Health and Safety Training – Protect yourself, your colleagues, patients and visitors

## Life on the Frontline

[Dr Abby Gunn, Acute and Stroke Consultant](#), normally works across IRH and RAH but when COVID hit Abby took on the role of lead clinician at IRH to coordinate the strategic and clinical response to enhance current staffing levels.

Abby said: “No matter the situation the attitude of staff was outstanding with everyone working together as one to serve the community and I will be forever grateful.”

We hope that you are enjoying these personal accounts of life on the frontline during the pandemic. If you would like to feature in one of the videos and tell us about how you and colleagues have been affected, then please get in touch ([staffnewsletter@ggc.scot.nhs.uk](mailto:staffnewsletter@ggc.scot.nhs.uk)).



## Mental Health Check In Now Open!

The mental health and wellbeing of all staff is hugely important. This is especially significant given some of the issues staff have experienced through the COVID pandemic. That is why we want to make sure that everyone has access to the correct levels of support.

Mental Health  
Check In



One of the ways in which we are trying to ensure this happens is via the [Mental Health Check-In](#), which is now open for all staff to take part.

As you will have seen in [Core Brief last week](#), the check-in will be open for four weeks, so if you would like to take be involved, please do so before the end of September.

The check-in will ask you some questions about your mental health and psychological wellbeing, so that we can work with you to ensure that, should you need it, we can provide the correct level of support for you. Please remember, taking part is voluntary, and we would urge you to take part even if you are feeling well. **Any information you provide will be treated as strictly confidential and will not be shared with your manager.**

It is important to remember “It’s okay not to feel okay”, but many people find it helpful if someone reaches out and offers them support.

### **Health and Safety Training – Protect yourself, your colleagues, patients and visitors**

It is important that all NHSGGC employees complete the health and safety training that is required of your role to ensure your Health and Safety knowledge is up to date in order **to protect yourself, your colleagues, patients and visitors.**



A number of targets have been agreed with the Health and Safety Executive in relation to the following training:

- Sharps
- Falls
- Moving & Handling Competency Assessments

We are committed to achieving and maintaining compliance in each of these areas by the 31 October 2020. All staff within the scope of any of these training modules should complete the e-learning modules identified as a requirement for your role. Managers are required to ensure their staff are aware of and complete the Statutory and Mandatory training requirements.

If you are not sure whether this applies to you please check your [Learnpro account](#) or speak to your line manager.

[Click here for more information.](#)

Please keep up-to-date with the latest guidance on our dedicated web pages at: [www.nhsggc.org.uk/covid19](http://www.nhsggc.org.uk/covid19). If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: [staff.covid19@ggc.scot.nhs.uk](mailto:staff.covid19@ggc.scot.nhs.uk)

Staff are reminded to make sure their [personal contact details are up to date on eESS.](#)

**It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [StaffNet](#)**