

## NHS Greater Glasgow & Clyde Mental Health Improvement: The Policy Picture

					<b>What are we going to do?</b>
<b>Promote Wellbeing and Resilience with People and Communities</b>	Work with community planning partners to extend the development of community-based initiatives that build social connection, tackle isolation and help build skills, confidence and productive engagement, with particular attention to marginalised groups.	Prevention and early intervention  The physical wellbeing of people with mental health problems  Access to treatment and joined-up accessible services	<b>Action 4.</b> With the NSPLG, the Scottish Government will ensure that timely and effective support for those affected by suicide is available across Scotland by working to develop a Scottish Crisis Care Agreement	<b>Outcome 1:</b> People are able to look after and improve their own health and wellbeing and live in good health for longer  <b>Outcome 9.</b> Resources are used effectively and efficiently in the provision of health and social care services	
<b>Tackle Underlying Determinants and Promote Equity</b>	Work with community planning partners to extend the development of community-based initiatives that build social connection, tackle isolation and help build skills, confidence and productive engagement, with particular attention to marginalised groups.  Support community planning partners to develop and implement strategies to address child poverty within their area.	Prevention and early intervention  The physical wellbeing of people with mental health problems	<b>Action 7:</b> The NSPLG will identify and facilitate preventative actions targeted at risk groups	<b>Outcome 5.</b> Health and social care services contribute to reducing health inequalities	

<b>Promote Positive Attitudes, Challenge Stigma and Discrimination</b>	Work with multiple partners to build awareness of practical steps to promoting Mental Wellbeing and <b>challenging stigma</b> and discrimination (linking to initiatives such as Walk a Mile, See Me and the Scottish Mental Health Arts Festival) – with a priority focus on groups with higher risk, marginalised and protected characteristics.	Prevention and early intervention	<b>Action 3.</b> The Scottish Government will work with the NSPLG and partners to encourage a coordinated approach to public awareness campaigns, which maximises impact.	<b>Outcome 3.</b> People who use health and social care services have positive experiences of those services, and have their dignity respected  <b>Outcome 7.</b> People using health and social care services are safe from harm	
<b>Promote Well being and Resilience through Work</b>	Continue to support initiatives to promote physical exercise and active transport amongst Partnership staff as well as the general population.	Work with employers on they can act to protect and improve mental health, and support employees experiencing poor mental health	<b>Action 6.</b> The NSPLG will work with partners to develop and support the delivery of innovations in digital technology that improve suicide prevention.	<b>Outcome 8.</b> People who work in health and social care services feel engaged with the work they do and are supported to continuously improve the information, support, care and treatment they provide	
<b>Respond Better to Distress</b>	Significantly up-scale Mental Health training and support for all staff in Partnerships and related services (inc. trauma informed, ACE-aware, one good adult, mental health first aid)  Coordinate and extend current Partnership work for the prevention of suicide through joint training, risk management and acute distress responses, including with primary care.	Prevention and early intervention  Access to treatment and joined-up accessible services	<b>Action 5.</b> The NSPLG will use evidence on the effectiveness of differing models of crisis support to make recommendations to service providers and share best practice.  <b>Action 2.</b> The Scottish Government will fund the creation and implementation of refreshed mental health and suicide prevention training by May 2019. The NSPLG will support delivery across public and private sectors and, as a first step, will require that alongside the physical health training NHS staff receive, they will now receive mental health and suicide	<b>Outcome 3.</b> People who use health and social care services have positive experiences of those services, and have their dignity respected  <b>Outcome 7.</b> People using health and social care services are safe from harm	

			prevention training.		
<b>Promote Wellbeing for People with Long Term Conditions</b>	"Chronic" distress responses in collaboration with Primary Care for adults, relating to the Link worker role out and utilising social prescribing and allied methods.	The physical wellbeing of people with mental health problems  Access to treatment and joined up accessible services	<b>Action 7:</b> The NSPLG will identify and facilitate preventative actions targeted at risk groups.	<b>Outcome 2:</b> People, including those with disabilities or long term conditions, or who are frail, are able to live, as far as reasonably practicable, independently and at home or in a homely setting in their community  <b>Outcome 4.</b> Health and social care services are centred on helping to maintain or improve the quality of life of people who use those services  <b>Outcome 6.</b> People who provide unpaid care are supported to look after their own health and wellbeing, including to reduce any negative impact of their caring role on their own health and well-being	
<b>Leadership</b>	Continue to improve processes that promote more integrated working across Adult Mental Health Services and Children and Family services.	Prevention and early intervention  Data and measurement	<b>Action 1.</b> The Scottish Government will set up and fund a National Suicide Prevention Leadership Group (NSPLG) by September 2018, reporting to Scottish Ministers – and also to COSLA on issues that sit within the competence of local government and integration authorities. This group will make recommendations on supporting the development and delivery of local prevention action plans backed by £3 million funding over the course of the current Parliament.	<b>Outcome 9.</b> Resources are used effectively and efficiently in the provision of health and social care services	

			<p><b>Action 9.</b> The Scottish Government will work closely with partners to ensure that data, evidence and guidance is used to maximise impact. Improvement methodology will support localities to better understand and minimise unwarranted variation in practice and outcomes.</p> <p><b>Action 10.</b> The Scottish Government will work with the NSPLG and partners to develop appropriate reviews into all deaths by suicide, and ensure that the lessons from reviews are shared with NSPLG and partners and acted on.</p>		
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