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**COVID-19:**

**STAFF WELLBEING HUDDLES**

During the current pandemic, working in the health and social care can be an extremely challenging experience. It is important that we find ways of being able to check in with one another on a regular basis in order to discuss any frustrations and decide as a team how best to move forwards through agreeing a set of action points.

The staff well-being huddle framework below can be used to run a 10 minute huddle at the end of a shift or at the end of a day’s work. Huddles can be facilitated virtually or be undertaken face to face if appropriate and current guidelines on social distancing are adhered to.

**What do you think went well today?**

* How was team working and communication today?
* Did you manage to find ways of looking after one another today?
* What has been positive about your day at work today?

**Action Points:**



**Suggestions for continued improvement**

**What do you think could have gone better today?**

* Was there any aspect of patient care or service delivery causing concern?
* Did any conversation take place that upset you or concern you?
* Has anyone not been able to access the appropriate equipment or advice needed today?
* Has anyone been asked to do something they did not feel comfortable with today?

**Action Points:**

1.

2.

3.