

COVID 19 DBI PATHWAY

Person Presents in Distress to Level 1 – NHS 24 MH Hub

Person Does Not Meet Criteria for DBI

DBI Level 1 Delivered

Level 1
Initial compassionate, empathetic assessment, risk assessment and signposting as necessary with a further discussion whether to refer onto the next day community DBI local service.

Person Meets Criteria for DBI & Does Not Accept Referral

Person Meets Criteria for DBI & Accepts Referral

Interface/ Connections

- Access to clinical advice.
- Threshold for clinical assessment.
- Building supportive collaborations: group meetings/ supervision.
- Communication systems, paper, electronic, including feedback to referrer.

Related Policies & Legislation

Information sharing, risk assessment, adult & child protection

Immediate Referral Made for DBI Level 2 - **SAMH**

DBI Level 2 Referral Received & Contact Made within 24hrs via phone call to arrange suitable time/ day/ venue

Level 2

- Empathetic problem focused assessment – physical, psychological and social.
- Identification of existing supports and assets.
- Recognition of past trauma and attachment in the person's life and how these affect the present.
- Risk assessment and self-management.
- Exploration of strategies to help resolve problems.
- Information and supported signposting to specialist services and other community resources.
- Creation of a future plan – how to identify and avoid triggers, what to do.
- Exploration of the possibility of local connection for the individual with local support worker.

DBI Level 2 First Contact: DBI D-Map Commenced & Communicated Appropriately

If individual presents higher level of distress or crisis than initial call, practitioners/duty manager would utilise appropriate local escalation pathways

Escalation Pathway: CMHT / CAMHS

- Advice
- Risk
- Onward Referral

Please Refer Pathway 2 Overleaf

Referrals

- Inappropriate referrals
- Non-attendance
- Non-contactable

DBI Level 2: Up to 14 day

Working with & Recording Variance

- Age
- Geography
- Duration DBI – 14 days

DBI Plan/ Agreed & Communicated