

# Staff self-isolation and testing

The people who work in **health** and **social care** are vital to delivering the services we rely on

## Why test?



Anyone who develops a **fever (>37.8c)** or a **new, persistent cough** or a **change to/loss of sense of smell** **MUST** self-isolate, along **with the people they live with**



It is possible to shorten the time staff need to isolate, if a **negative test** shows that their symptoms, or the symptoms of the people they live with, are **NOT** due to **Covid-19**



This can allow **staff to return to work more quickly**, provided they feel well



By reducing the length of staff absences due to isolation, **testing helps support our health and care services.**

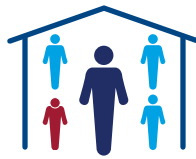
## Who is tested through this service?



If the staff member is **unwell** with **cough/fever/anosmia** (loss of sense of smell)



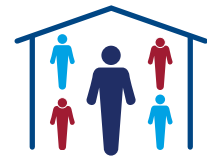
**Staff member is tested**



If the staff member is well, but **someone they live with has cough/fever/anosmia** (loss of sense of smell)



**Unwell household contact of staff member is tested**

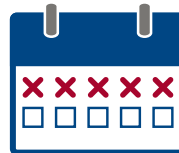


If the staff member is well, but **more than one person they live with has cough/fever/anosmia** (loss of sense of smell)



**ALL household contacts with symptoms are tested**

## When is testing done?



In the **first 5 days** following the **start of the illness** as this is when the test is most accurate.

## Who is eligible for this service?

**Staff** providing health and social care services, who have symptoms of Covid-19

**Household contacts** of health and social care staff who have symptoms, meaning that well staff are having to home isolate

Only **individuals** who have had symptoms within the past 5 days will be tested; the test is not used for people who are well

For further information visit: [www.nhsggc.org.uk/covid19/stafftesting](http://www.nhsggc.org.uk/covid19/stafftesting)  
Staff who are concerned about their illness should contact NHS 24 to seek medical attention