

# Core brief

**Message from Jane Grant, Chief Executive**  
**(1 April 2020, 6.40pm)**

As we all work together to respond to COVID-19, it's really important for us all to focus on the positive as well as the challenges we face.

I was struck by a poster that our Staff Health Strategy Mental Health and Wellbeing Group have produced to help us all at this time. This tells us that when you go home, you should take a moment to reflect on the day, be proud of what you did and consider three things that went well. It asks us to check on each other and then to go home, rest and recharge. I would encourage everyone to follow its simple advice.

Amongst the things we can all take pride in is the overwhelming support being received from the public. I have really enjoyed reading the many posts on social media thanking and praising NHSGGC staff for your magnificent response to the COVID-19 outbreak. I have been especially pleased to see so many different members of our teams recognised for their contribution, both frontline colleagues and those in supporting roles.

Of course, there are some teams who are less visible to the public but who play an equally important role. The Occupational Health and Health and Safety Teams within Human Resources are two such teams. Both teams have been in high demand. Many thousands of staff have sought Occupational Health advice and support, including through the Counselling Service. The Health and Safety Team have worked tirelessly to support the fit testing of FFP3 masks across the Board.

Collectively, their work to support the health, safety and wellbeing of staff has been crucial and I am grateful to them for all that they are doing to support colleagues at the time.

Thank you.

