

Correct order for donning and removing Personal Protective Equipment (PPE) for assessing or caring for a patient with a suspected or confirmed COVID-19

<p>Before donning PPE the Healthcare worker (HCW) should: be wearing uniform/scrubs; perform hand hygiene; and ensure that all cuts or abrasions are covered with a waterproof dressing.</p>		<h3>Removal</h3> <ol style="list-style-type: none"> 1. Remove outer gloves without touching the pair below using the pinch and pull method. HCW pinches the outside of the glove with the opposite gloved hand. 	
	<h3>Donning</h3> <ol style="list-style-type: none"> 1. Fit FFP3 respirator as you have been trained to do so. Perform fit check 		<ol style="list-style-type: none"> 2. Peel off the outer glove and hold removed glove in the gloved hand. Slide the fingers of the hand under the remaining glove at the wrist and peel the second glove over the first glove. Discard directly into the approved waste bin.
	<ol style="list-style-type: none"> 2. Put on an inner pair of gloves – standard non sterile gloves. 		<ol style="list-style-type: none"> 3. Unfasten the side tie of the gown. Remove gown by grabbing the shoulder areas with the opposite hand and pulling to release the Velcro from the back of the neck.
	<ol style="list-style-type: none"> 3. Put on a fluid resistant long sleeved surgical gown. Lightly secure the Velcro fastening at the back of the neck. Tie the gown at the side and ensure the gown cuffs fully overlap the inner pair of gloves. 		<ol style="list-style-type: none"> 4. Pull the gown away from the body folding inside out and gathering up the material. Carefully place into the approved waste bin.
	<ol style="list-style-type: none"> 4. Put on full face visor or goggles 		<ol style="list-style-type: none"> 5. Remove remaining gloves using the same technique as before. Then apply alcohol based hand rub (ABHR) into your hands.
	<ol style="list-style-type: none"> 5. Put on an outer pair of gloves – sterile or non-sterile depending on the task. Overlap on top of gown sleeves. 		<ol style="list-style-type: none"> 6. Ensure ABHR is completely dry. To remove the visor or goggles stand straight; If wearing a visor do not bend forwards as this brings the bottom of the visor into contact with the clean upper body. Remove over your head and place into approved waste bin. 7. OUTSIDE THE ROOM Remove FFP3 respirator by standing up straight and reaching to the back of the head. Avoid bending the neck as this allows the respirator to touch the upper body. Let the respirator fall way from your face and place in the approved waste bin. Immediately wash your hands.

