

Core brief

Thursday 9 January 2020

Introduction

This issue of Core Brief details information on the NHSGGC REC Scheme Financial Information Sessions, Staff Health Strategy Year 2 highlights and the Walking Challenge.

NHSGGC Recycling Employers Contributions (REC) Scheme Financial Information Sessions

Further to a previous Core Brief (13 December 2019) in relation to the NHSGGC Recycling Employers Contributions (REC) Scheme, additional Financial Information Sessions have been arranged. The details are as follows:

16 January 2020 – Dining Room, Level B, Inverclyde Royal Hospital

23 January 2020 – Lecture Theatre, ED013, Education Suite, Level 0, Beatson West of Scotland Cancer Centre, Gartnavel Hospital

Whilst NHSGGC cannot provide financial advice, the Information Sessions are open to all employees who have been or believe they will be subject to a tax charge and who may be seeking more information on the current tax and pension position. The sessions will be led by the NHS Staff Benefits Team and will take place at 5.30pm.

Tea and coffee will be available from 5pm. In order to ensure appropriate room bookings, if you are interested in coming along please email: Jennifer.McGuigan@ggc.scot.nhs.uk

Further information in relation to the REC Scheme is available in the [Core Brief issued on 29 November 2019](#).

For further information in relation to annual and lifetime allowances, please use the NHS Employers and SPPA links below:

<https://www.nhsemployers.org/pay-pensions-and-reward/pensions/nhs-pension-scheme/annual-and-lifetime-allowances>

<https://pensions.gov.scot/pensions-taxation>

If you have any specific queries in relation to the REC payment scheme, please use the REC scheme email address at RECPayment@ggc.scot.nhs.uk

Staff Health Strategy Year 2 highlights

Highlights from Year 2 of the Staff Health Strategy 2017-2020 are now available on our website.

The strategy sets out five priorities to tackle important staff health issues such as working with disability and long term conditions, fair employment, equality and health, improving health and attendance and supporting older workers.

Throughout the three-year strategy, we aim to develop a culture within NHSGGC that positively encourages good staff health and wellbeing and creates opportunities to support staff to improve their health and wellbeing.

[Click here to read the highlights from Year 2.](#)

To find out more and to read the strategy in full, go to www.nhsggc.org.uk/staffhealthstrategy

Walking Challenge

Sign up now to Active Staff's first Walking Challenge of the year!

This year, the virtual 540-mile route from Gretna to Skye takes in some of Scotland's most iconic landmarks. Registration is open and the challenge begins on Wednesday 22 January and you'll need a team of up to five colleagues to take part.

Register now at: www.activestaff.worldwalking.co.uk

Getting active isn't the only benefit, there is a range of competitions throughout the challenge, with great prizes to be won!

Are your contact details up-to-date? [Click here](#) to check