

Standard 6: Pain Control

Patient's pain will be individually assessed and managed to optimise their functional ability

6.1	Element: Safe and effective patient care	Process Evidence (CCAAT available as an appendix)	Evidence Compliant	Comments	Mapped to
6.1.1	Pain Assessment – Pain is identified and assessed using a validated pain assessment tool. Functional ability should also be assessed using a functional assessment tool. This will be documented in patient's care records and relevant pain management charts	Review: <ul style="list-style-type: none"> • CCAAT Sections: 7.3 and 7.8 • Staff can demonstrate knowledge of the pain assessment tools used within their clinical areas • Review patient care records and pain charts 			Local Acute Pain Guidelines (StaffNet) Palliative Care Guidelines
6.1.2	<p>Staff will be offered training in the use of pain management devices (i.e. PCA pumps, epidural pumps, syringe pumps and local anaesthetic infusion devices) and will know how and where to access such devices</p> <p>Patients with pain management devices in situ will be identified at Ward / Department safety briefs.</p>	Review: <ul style="list-style-type: none"> • Staff training records • Acute Pain Competencies register • Training logs • Discussed at Safety Brief: documentation kept in Safety Brief folder Discussion: <ul style="list-style-type: none"> • Ask nursing staff 		Locate and check safety brief folder	Local Acute Pain Guidelines (StaffNet) GG&C Safe and Secure Handling of Medicines Policy NMC The Code 8 and 13
6.1.3	Staff can explain the importance of utilising pharmacological and non-pharmacological approaches. Pharmacological approaches such as analgesics and non-pharmacological approaches such as spiritual care referral, heat, ice, repositioning	Review: <ul style="list-style-type: none"> • Care records and medicine prescription form Discussion: <ul style="list-style-type: none"> • Ask nursing staff 			Local Acute Pain Guidelines (StaffNet) Palliative Care Guidelines GG&C Safe and Secure Handling of Medicines Policy GGC Adult Therapeutics Handbook NHSGGC Spiritual Care Referral Pathway
6.2	Element: Enhancing the patients' experience of care	Process Evidence (CCAAT available as an appendix)	Evidence Compliant	Comments	Mapped to

6.2.1	Staff can explain the importance of involving relatives/carers/ spiritual care giver in a patient's pain assessment and management plan where appropriate	<p>Review:</p> <ul style="list-style-type: none"> In patients with cognitive impairment the Abbey Pain Scale should be used to undertake pain assessment –evidence should be available in care record Patients and relatives are provided with information leaflets (PCA, epidural, discharge with opioids) <p>Discussion:</p> <ul style="list-style-type: none"> Staff will be asked if relatives/carers spiritual care giver have been involved in patient's pain assessment and management. Look for evidence of this in patients care records Ask patients, relatives and carers if they feel involved. 			NMC The Code sections 7 & 10 The Abbey Pain Scale (StaffNet)
6.3	Element: Leading, managing and developing the performance of the team	Process Evidence (CCAAT available as an appendix)	Evidence Compliant	Comments	Mapped to
6.3.1	Staff Education – Staff will have access to relevant pain management and spiritual needs education. They will be encouraged to complete learn pro modules and attend in house training sessions	<p>Review:</p> <ul style="list-style-type: none"> Learn-pro records Training logs held by SCN <p>Discussion:</p> <ul style="list-style-type: none"> Discuss above with link person/SCN 			Acute and Chronic Learn Pro Modules are available under Specialist Subjects The Acute Pain Learn Pro Modules are as follows: GGC 045 – Epidural Analgesia GGC 046 – Intrathecal Opioids GGC 047 – Oral Analgesia GGC 048 – Patient Controlled Analgesia GGC 049 – Peripheral Nerve Blocks GGC 050 – Pharmacology & Physiology GGC 051 – Subcutaneous Morphine GGC 052 – Acute Pain Assessment Chronic Pain Learn Pro Module – GGC 110

6.3.2	Staff will know how to access local pain management guidelines/protocols	Observation / Discussion: <ul style="list-style-type: none"> • Staff can demonstrate the process of accessing StaffNet to locate their local Acute Pain Service guidelines 			NMC: The Code 3 and 6 Local Acute Pain Guidelines (StaffNet) Palliative Care Guidelines
6.3.3	Staff will know how to contact the relevant speciality for pain management advice	Observation / Discussion: <ul style="list-style-type: none"> • Staff can demonstrate the process of referral to inpatient Acute Pain Service or Palliative Care Services. • Staff know that Chronic Pain Management is an outpatient based service 			NMC The Code 3 and 10 Palliative Care Trakcare Referral Acute Pain phone or pager system