Pregnant?

• There’s no need to see your GP – you can book direct with a midwife as soon as you know you’re pregnant. To make your first midwife appointment call our central booking number on 0141 347 8422.

• Booking to see your midwife within the first 12 weeks of your pregnancy will help you get the best start for you and your baby.

Find out about what happens during your first midwife appointment: www.nhsinform.scot/pregnancy-booking
Further information:

- Visit www.nhsinform.scot

- If you’re unsure about continuing with the pregnancy, contact your GP or sexual health clinic for advice and support as soon as possible.

- If you need help urgently – for example, if you think you might be having a miscarriage – call your GP, or NHS 24 on 111.