

Setting the Scene

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Domestic arrangements



ON SILENT MODE PLEASE



A history of tobacco control in Glasgow and Clyde



Smoking concerns

Glasgow 2000

Smoking Concerns

Glasgow Tobacco Strategy (2005-10)

Glasgow Tobacco Strategy (2009-14)

1983

1994

1999

2003

2005

2007

2009

2018

Smokebusters



Starting Fresh Pharmacy Service

Starting Fresh
with the Glasgow Pharmacy Stop Smoking Project.



Smokefree Services



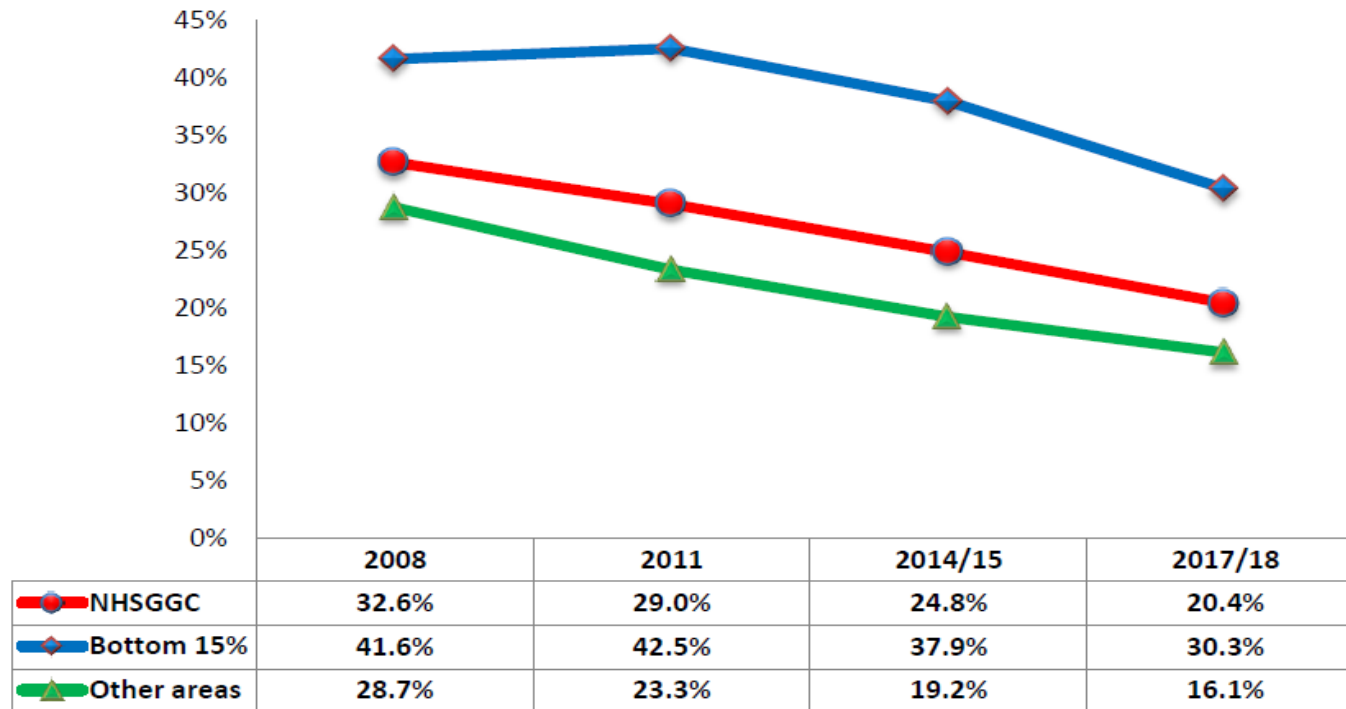
Quit Your Way



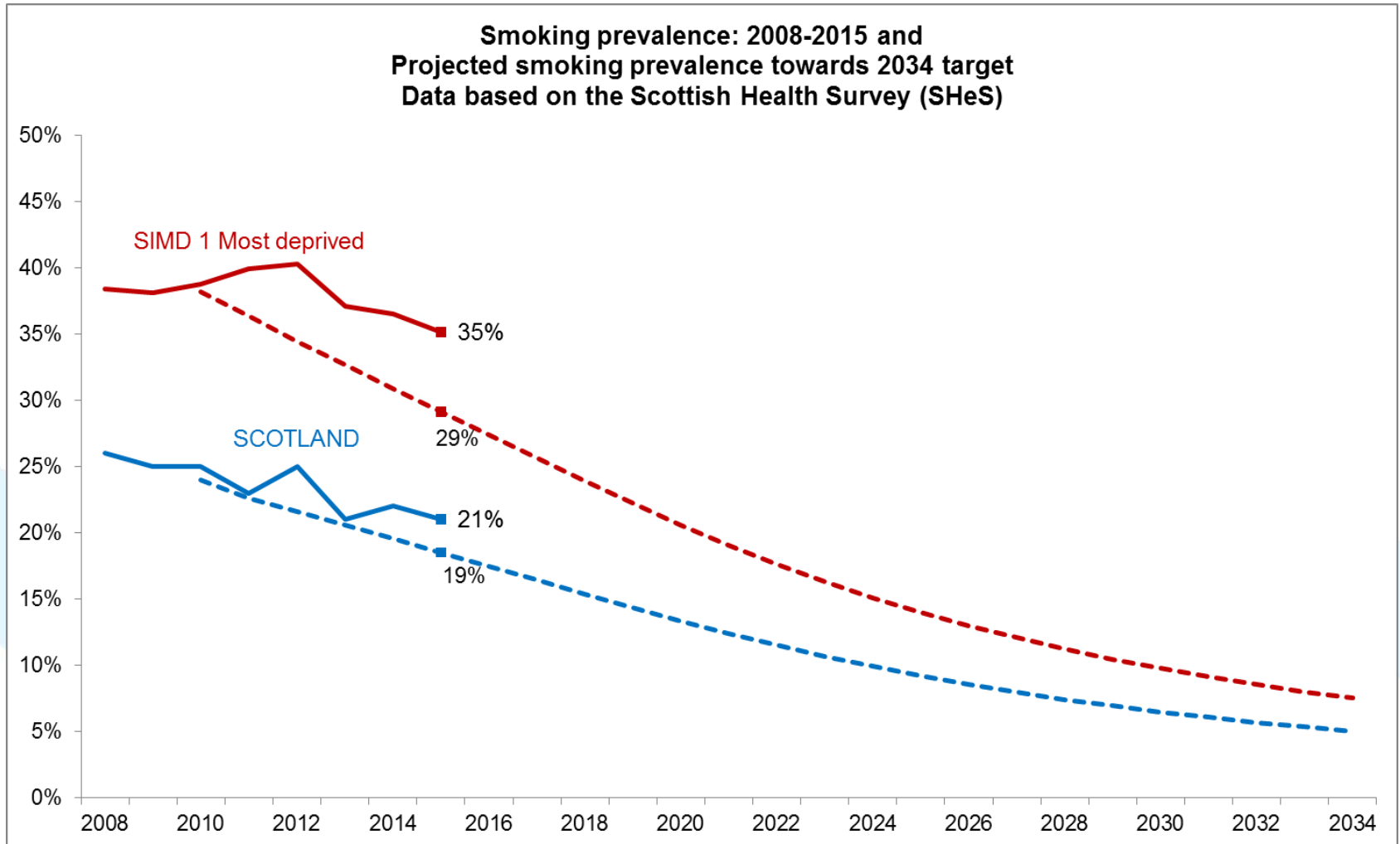
Trends in smoking in NHS GGC

Health and wellbeing survey 2018

Figure 3.6: Trends for Smoking – 2008 to 2017/18

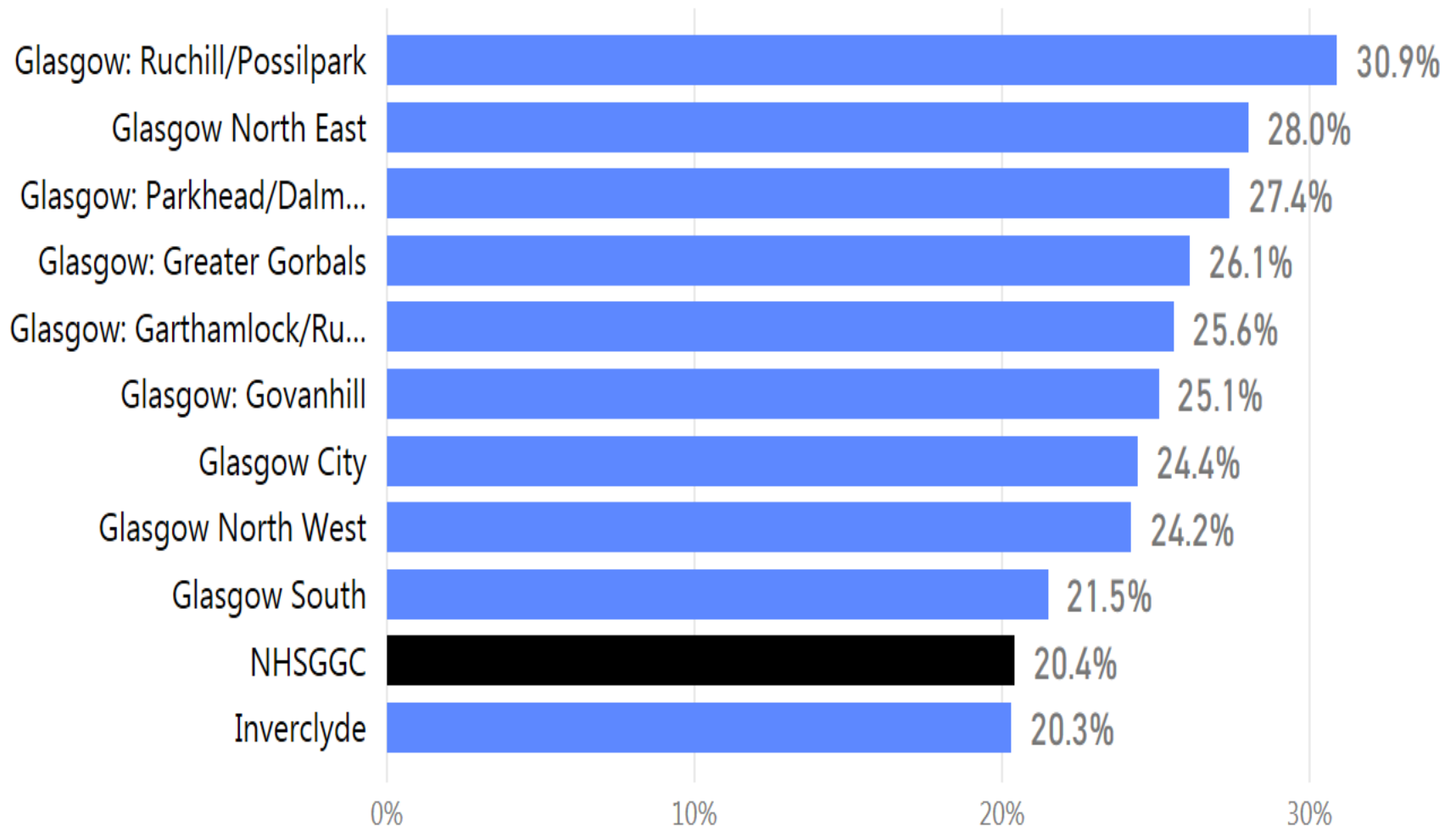


Smokefree by 2034 - progress



NHS GGC smoking prevalence, by area

(Health and wellbeing Survey 2018)



Profile of a smoker in NHS GGC today

(NHS GGC Health and wellbeing survey 2018)

More likely:

To have a LTLI

To experience food insecurity

To have difficulty meeting living costs

To have no qualifications

To get all income from state benefits

To be treated for more than one illness

To feel lonely



Less likely:

To have +ve general health

To have adequacy of income

To feel valued

To have +ve physical well-being

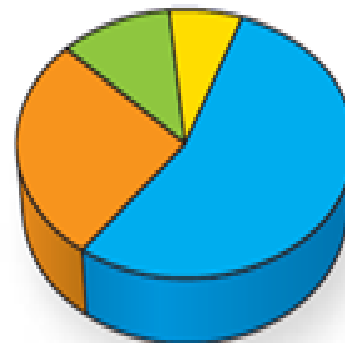
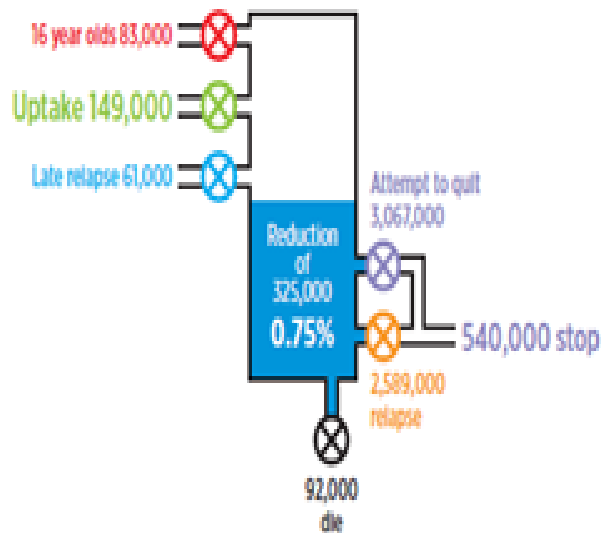
To feel in control of decisions

To have +ve mental and emotional wellbeing

To be economically active

Reducing smoking prevalence in NHS GGC

- Focus on prevention, protection and cessation
- Current smokers who stop long-term make by far the biggest contribution to overall changes in smoking prevalence (55%) rather than non-smokers who would be prevented from starting to smoke (27%).

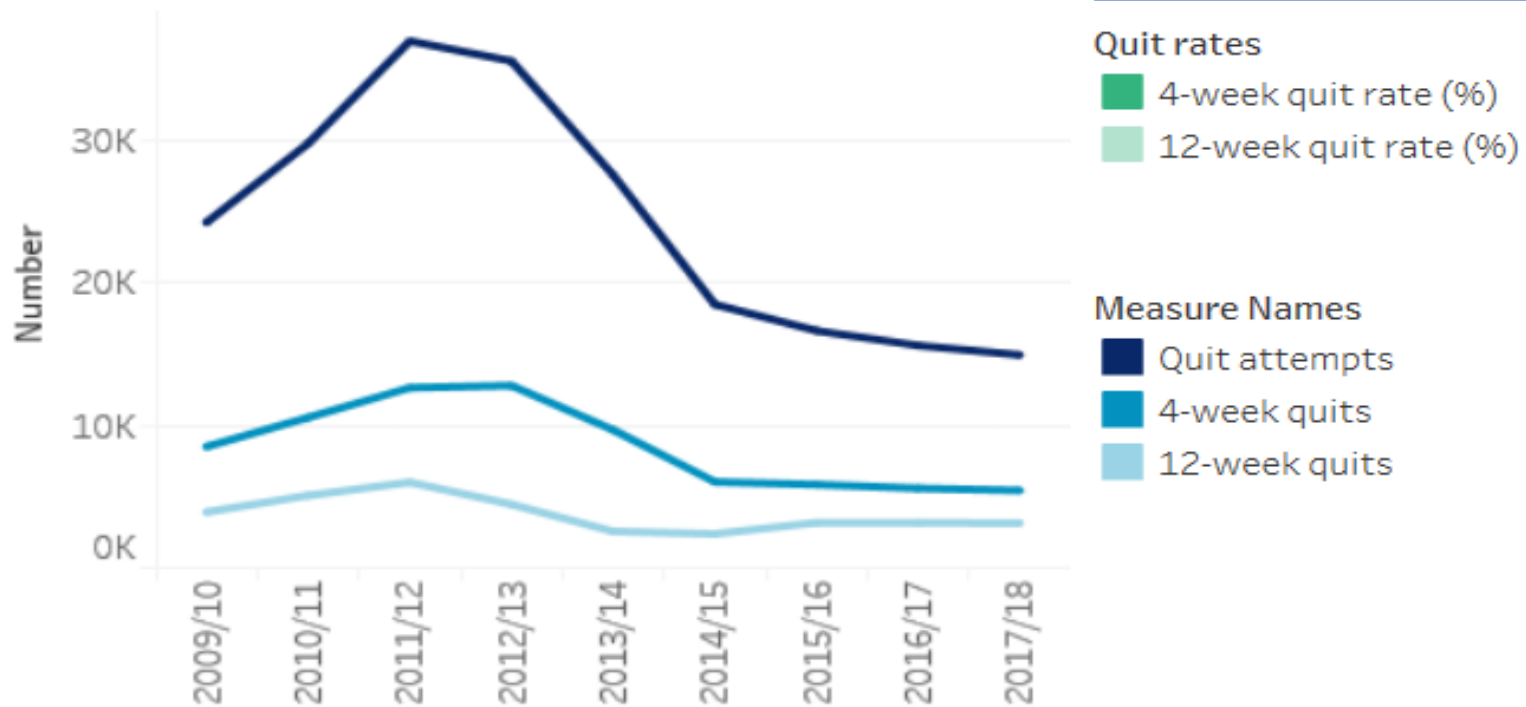


Stopping	55%
Starting	27%
Dying	11%
Late relapse	7%



Smoking cessation activity

Number of quit attempts, 4-week quits and 12-week quits



Summary

- Long history of tobacco control work in NHS GGC
- Still delivering evidence based practice
- It has had impact but not enough
- We should be and are focusing on cessation
- But numbers through services are dropping and not enough to significantly reduce prevalence
- To support the smokers and to improve our trajectory towards 2034 target we need to do something different

The role of E-cigarettes in NHS GGC?