2016 Black and Minority Ethnic Health and Wellbeing Study in Glasgow

Infographics

Prepared for NHS Greater Glasgow and Clyde by Traci Leven Research
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HEALTH AND ILLNESS

VIEWS OF HEALTH
BME groups were more likely than the general Glasgow City population to have a positive view of:

- **General health**: 80% (Glasgow City: 74%)
- **Physical wellbeing**: 86% (Glasgow City: 78%)
- **Mental wellbeing**: 90% (Glasgow City: 79%)

Least likely to have positive views of health/wellbeing:
- **Pakistani**

FEELING IN CONTROL
- ‘Definitely feel in control of decisions affecting daily life’

<table>
<thead>
<tr>
<th></th>
<th>Chinese</th>
<th>Polish</th>
<th>Pakistani</th>
<th>Indian</th>
<th>African</th>
<th>All BME (2016)</th>
<th>Glasgow City (2014)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>85%</td>
<td>64%</td>
<td>62%</td>
<td>56%</td>
<td>41%</td>
<td>65%</td>
<td>64%</td>
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</tbody>
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ILLNESS
- 15% BME had a limiting condition/illness
- 25% Glasgow City had a limiting condition/illness

QUALITY OF LIFE
- Positive about quality of life:
  - All BME: 92%
  - Glasgow City: 85%
  - Pakistani: 85%

Most likely to have a limiting condition:
- **Pakistani**

Least likely to have a limiting condition:
- **African & Chinese**

2016 Black and Minority Ethnic Health and Wellbeing Survey in Glasgow
HEALTH SCREENING AND ACCESS TO HEALTH SERVICES

HEALTH SCREENING

Women, 20-60
- Invited for Cervical Screening: 58%
  - 87% attended

Women, 50-70
- Invited for Breast Screening: 79%
  - 90% attended

Adults, 50-74
- Invited for Bowel Screening: 64%
  - 67% completed home test

Most likely to have been invited for these: African

Least likely to have been invited for these: Chinese

INTERPRETING SERVICE

1 in 8 had ever used the interpreting service for NHS appointments

% used interpreting service for NHS appointments

<table>
<thead>
<tr>
<th>Language</th>
<th>%</th>
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<tbody>
<tr>
<td>Polish</td>
<td>18%</td>
</tr>
<tr>
<td>Chinese</td>
<td>15%</td>
</tr>
<tr>
<td>Pakistani</td>
<td>9%</td>
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<tr>
<td>African</td>
<td>9%</td>
</tr>
<tr>
<td>Indian</td>
<td>8%</td>
</tr>
<tr>
<td>All BME (2016)</td>
<td>12%</td>
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</tbody>
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2016 Black and Minority Ethnic Health and Wellbeing Survey in Glasgow
HEALTH BEHAVIOURS

SMOKING

16% BME were smokers

28% Glasgow City were smokers

36% Polish
14% Chinese
13% Pakistani
9% Indian
6% African
16% All BME (2016)
28% Glasgow City (2014)

29%
Exposed to second-hand smoke most/some of the time

Glasgow City: 39%
Polsih: 50%

ALCOHOL

% ever drink alcohol

80% Polish
55% Chinese
39% Indian
29% African
1% Pakistani
36% All BME (2016)
65% Glasgow City (2014)

PHYSICAL ACTIVITY

71%
active for 150 minutes per week

Indian: 40%

BMI

% with BMI indicating overweight

40%
Pakistani: 29%
Indian: 53%

5+ portions of fruit/veg per day

Exceeded 14 units per week:
1.5% BME
11.8% Glasgow City

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