

# Core brief

Friday, 31 May 2019

## Introduction

This issue brings you news about plastic waste reduction, a new learning disabilities learnpro module, cyber security is everyone's business and the Scottish Health awards

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## Reducing plastic waste

We spend approximately £9,500 per month on disposable hot drinks cups. These cups can't be recycled and end up in land fill. In order to tackle this we have introduced reusable cup options including Keep Cups (that can be purchased at any Aroma Café) as well as providing new china mugs if you sit-in.

To help us tackle the environmental impact of plastics and to do your bit you will see these mugs advertised at every Aroma Cafe and all you need to do is ask for a reusable china mug or bring along your own Keep Cup once purchased.

As well as disposable cups, we intend to tackle all single-use plastic items in catering outlets; all plastic cutleries will be 'off the menu' and metal cutlery provided. Where cutlery is part of a take away option we will replace the plastic cutlery with biodegradable options including wooden cutlery. By the start of September plastic based disposable plates and food containers will no longer be available; sites with dishwashing facilities will only provide reusable plates etc for sit-in customers and provide compostable or recyclable alternatives as part of any take-away meals.

Lastly, cold water drinking cups will be replaced with a recyclable alternative plastic cup; these may feel slightly less rigid and if firmer cups are required for patient care then reusable plastic cups should be provided.

## Launch of a new learnpro module Health Inequalities – Learning Disability

Specialist Learning Disability Services have developed a new learnpro module which is now live. This Learn pro module will support all staff across all of our services in NHSGGC to gain a better awareness of the needs of people with learning disability. The module focuses on working in partnership to improve health outcomes and highlights simple reasonable adjustments that all staff can make, including tips on good communication. The module also contains real life experiences of the challenges people with learning disabilities their carers and families continue to face when coming into contact with services. You can access the module at: Specialist Subjects, GGC: 225 Health Inequalities – Learning Disability.

## **Cyber security is everyone's responsibility – please be aware!**

The key to IT system access is your digital identity. For NHS systems that is mainly through your username and password.

Since April eHealth have been carrying out phishing exercises which have shown that staff are very trusting and will give out their usernames and passwords to potential spammers. No-one needs your password not even our own IT service – it's yours.

Asking for your password, for you to click a link or open an attachment can be malicious and are all tools used by spammers.

## **Scottish Health Awards**

The closing date for entries is fast approaching - **5 pm on 29 August 2019**.

It's your last chance to get your entries in for that colleague who makes a difference or goes the extra mile - with 17 categories there is something for everyone

This year's awards ceremony will take place on Thursday 14 November, at The Corn Exchange, Edinburgh.

Nominations should be submitted at: [www.scottishhealthawards.com](http://www.scottishhealthawards.com)

**Are your contact details up-to-date? [Click here](#) to check**