



What Helps You Work?

Everyone has different ways of working. Some people like to have the TV on, or have music playing while they work. Others prefer it to be quiet. Some people can work when there's a lot going on around them, while others are very easily distracted and need a quiet, clutter free area in order to be able to concentrate.

It is important to work out the things that you need to help you to study.

TASK 6

Sit down and think about the conditions that you need when you are doing your homework.

- Do you like to have background music playing, or the TV on?
- Do you prefer it to be quiet?
- Can you work when there is a lot going on around you?
- Do you need a snack or a drink?

Once you have thought about the conditions you need to help you work, think about **how** you might be able to organise things at home, in order to help you work.

- Where can you work?
- When's the best time to do homework?
- If the house is very busy, are there times when it is slightly quieter?
- Talk to your family about where and when you need to work.