



Packing Your School Bag

You will have a lot more to take to school so plan ahead and
'PACK YOUR BAG THE NIGHT BEFORE'!



Handy Tip - You may have to cover your exercise books. If not, they will probably all be the same colour, which can make it difficult to find the right book when packing your bag.

Colour coding your books to match your timetable can make things a lot easier when you are packing your bag. You can make up coloured labels to stick onto the spine of your exercise book.

Figure1. Non- coloured coded books



Figure 2. Colour coded books



An example of the colour coded labels are shown on the next page. Again, if you or someone at home can do this, great...if not please ask your therapist for assistance.

TASK 5

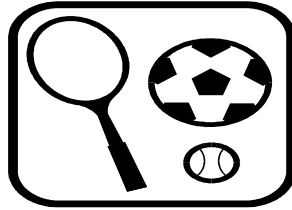
Do a trial run of packing your bag. Using the colour coded timetable, check to see what you need to pack for example, on a Wednesday? Don't forget you may need lunch money or packed lunch. Money for the school bus, house keys or a mobile phone.



School Bag – What to Pack?

Tick off the items as you pack them.....

1. Planner/ diary.....
2. Pencil case.....
3. Bottle of water/juice.....
4. Exercise Books.....
5. P.E Kit.....
6. Lunch money.....
7. Bus Pass.....
8. Snack.....
9. Homework.....
10. Packed Lunch.....



Equipment for Physical Education (P.E) - What to Pack?

Tick off the items as you pack them.....

1. Training shoes.....
2. T-shirt.....
3. Shorts.....
4. Swimming Trunks.....
5. Swimsuit.....
6. Goggles.....
7. Towel.....



Pencil Case Contents - What to Pack?

Tick off the items as you pack them.....

1. Pencil.....
2. Ruler.....
3. Pen.....
4. Rubber.....
5. Coloured pens / pencils.....
6. Pencil Sharpener.....
7. Scissors / Glue.....
8. Paper Clips.....
9. Compass / Protractor.....
10. Calculator.....
11. Stapler.....
12. Sticky Tape.....