

## 90 Minute Leadership



**OD recognise the challenges our leaders have in managing time constraints and setting aside time for development activities. Short, intensive development sessions can be a useful way of learning. Rather than spending a full day covering a relatively wide range of topics, our "90 Minute" leadership sessions will focus on specific topics, concentrating on key issues rather than the broader picture.**

**The next session is:**

### **"Navigating Change Through The Lens of Authentic Leadership"**



A facilitated discussion for managers who are trying to navigate the changing landscape of the NHS while trying to keep themselves and those around them motivated to do their best with the resources they have. This is relevant whether you do or do not have direct reports. Over the coming years the NHS will continue to go through profound changes in how it meets the demands of the public. These changes have consequences and benefits for all of us across departments and levels of management.

This 90-minute session is a highly interactive facilitated discussion exploring the question – what do we need to do and who do we need to be in order to meet the opportunities and challenges that emerge with change? We will look at this question through the lens of Authentic Leadership.

What is meant by Authentic Leadership, and what does it look like in reality? Is it important and why? What is current research telling us about it? How can Authentic Leadership development help me and my team meet the opportunities and challenges of working within the NHS now and in the future? What can I do now, to support me as a leader within the NHS? This session hopes to give you an understanding of what Authentic Leadership looks like, why Authentic Leadership matters and ways of developing Authentic Leadership.

#### **Who will benefit from attending the session?**

Managers navigating changing landscapes, whether they have direct reports or not.

**Speaker:**  
Laura Kinsler, Yellow Owl

**Time:**  
8:00am for 08:30am start - 10.00am finish

**Room available from 8.00am**

If you would like to attend, please complete the registration form and return to [Lisa.donnely@ggc.scot.nhs.uk](mailto:Lisa.donnely@ggc.scot.nhs.uk) **by 13<sup>th</sup> September**

**Date:**  
Thursday 26<sup>th</sup> September 2019

**Venue:**  
Room L0006, Teaching and Learning Centre, QEUH campus, Glasgow