

Food & fluid myths in hospital

Myth: Hospitals can't provide
suitable food if you require
a special diet

FALSE

NHSGGC routinely caters for a variety of special diets including **gluten free** and **food allergies**. We also provide food for those following a **vegan, vegetarian, Halal** or **Kosher** diet.



Contact your catering department as soon as you know your patient has any special dietary requirements.