

Diabetes MCN Conference

Tuesday 5th February 2019

Beardmore Hotel and Conference Centre Clydebank

Workshop Summary **Priorities for Inpatient Diabetes**

As healthcare professionals we are committed to working together to achieve and deliver the best possible care for our patients. Unfortunately in spite of our best efforts inpatient diabetes care has been found to be suboptimal on occasions. With this in mind the workshop entitled *Priorities for Inpatients* was designed to follow a fictitious patient with multiple health issues which included Type 1 diabetes throughout their inpatient journey.

Attendees were split into 5 different groups and asked to address one of the patient's comorbidities. With the patient in mind delegates were then requested to discuss and list the *Risk for Harm, Potential Complications* and possible *Mitigating Actions* on flip charts.

Following an engaging and lively feedback session several suggestions from the workshop were noted and narrated back to the wider conference audience. They included several potential actions for consideration. Lack of continuity during the discharge process was of particular concern and highlighted on several occasions by the workshop HCPS. In the interest of patient safety there appears to be a real need to address this issue sooner rather than later. Other suggestions of note are:-

- The provision of a summary of each patient's history being available from SCI Diabetes to clinicians in A&E
- The provision of an admission to discharge checklist for diabetes inpatients to ensure all key aspects of their care are delivered in a timely fashion.
- The provision of an inpatient guideline to facilitate the process of a self-administration of insulin by patients who have been assessed and deemed competent and safe to do so.
- The provision of a patient leaflet which explains what care to expect in hospital.