

Health and Wellbeing (H&WB) Input - Mar 2019

EDUCATION

Priority Planning Framework Areas	CfE H&WB Organiser	Level	H&WB Resource	Type of resource	Associated Staff Training	Any Costs attached to resource/training	Status (Received, Approved and shared with HIEG, Rejected and shared with HIEG, Approved, Rejected, Awaiting amendments)
Mental Health and Resilience	Mental, emotional, social and physical wellbeing	Third and Fourth and Senior	On Edge	Pack (with lesson plans and DVD)	Yes	No	Approved
		Third and Fourth, Senior Phase	Positive Mental Attitudes	Pack (with lesson plans), online resources	Yes	No	Approved
		All	Loss and Bereavement toolkit	Reference document for staff	Full day Whole School Approach to Loss and Bereavement awareness raising session for staff	No	Approved
		Second	Multiple risk (primary)	Pack with lesson plans	Yes	No	Approved
			Multiple risk (secondary)	Pack with lesson plans	Yes	No	Approved
		All	Teens with screens (Schools)	Online resource	Yes	No	Approved

	Relationships, sexual health and parenthood	Third and Fourth, Senior	Action against abuse	Pack	No	No	Approved	
		Second	Gender Based Violence	Drama,DVD,Online resource,lesson plan	Yes	No	Approved	
Healthy Culture	Physical education, physical activity	Early and First	Your body matters	Pack (with lesson plans)		No	Approved	
	Food and health	Early and First	Your body matters	Pack (with lesson plans)		No	Approved	
	Substance Misuse	Early and First	Name the Teddy	Pack			No	Approved
		Third and Fourth	Smokefree 4 me	Pack & online	CPD Smokefree 4 Me Training available.		No	Approved
		Second	Trade Winds	Online lesson plans	Training available on request		No	Approved
		All	http://www.nhs.gov.uk/about-us/professional-support-sites/substance-misuse-toolkit/	Online lesson plans and other recommended resources	Yes		No	Approved via Substance misuse group

Reducing poverty and raising aspiration							