

# Core brief

Tuesday, 18 December 2018

## Introduction

This issue brings your information on the new RAH “Carers Café” and your last chance to win £40 Argos vouchers in our medicines waste campaign.

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## Our Carers Café

Our very first café designed around the needs of people who care for someone with dementia is now open.

Based at the Royal Alexandra Hospital, ‘Our Carers Café’ has been set up specifically to provide wide ranging advice and support for people caring for someone with dementia or memory problems.

The café offers support on a range of areas ranging from local community services to guidance on assistive technology and safe community living.

Michelle Haddow, Clinical Nurse Specialist Older Peoples' Mental Health, said: “We were meeting so many families and carers who were coming in to the hospital who didn't know what support was available once patients were discharged from hospital. Our intention is that the café will change this.”

## Medicines waste costs NHSScotland millions every year

This is your last chance to let us know your thoughts about medicines waste. You can win £40 Argos vouchers by completing our medicines waste campaign survey by 19 December, [click here](#).

The survey will only take five minutes to complete.

**Are your contact details up-to-date? [Click here](#) to check**