

Youth Health Service (YHS) Referral Scheme

<p>Service Aim</p>	<p>To improve the health & wellbeing of young people living within Glasgow City (primarily North West Locality). The service offers immediate support for young people, experiencing a range of health & social issues via 1:1 consultation and in the longer term, build relationships to facilitate access into positive opportunities, training or employment & if appropriate via onward referral or signposting.</p> <p>We aim to support those most disadvantaged young people and those with complex presentations.</p> <p>The YHS is holistic interdisciplinary service providing a fully co-ordinated comprehensive assessment & treatment service with onward referral where appropriate.</p>
<p>Service Provision</p>	<p>The YHS is currently delivered in three venues across the NW Locality:</p> <ul style="list-style-type: none"> • Drumchapel • Possilpark • Maryhill <p>Young people can be seen with the following presentations :</p> <ul style="list-style-type: none"> • Sexual Health (pregnancy testing, contraception including implants, STI testing and referral for termination) • Support & counselling for a range of mental distress e.g. Anxiety, depression, stress & bullying. Referral to CAMHS. Drugs, alcohol and smoking. • Relationship difficulties, both family breakdown and personal issues. • Sleep disturbances and use of screentime? • Weight management (Weigh To Go service) • Social problems such as homelessness, benefit advice, school avoidance etc • Advice and support on volunteering, training & employment. <p>The service staff includes the following, a GP, Nurse, Youth Workers, counsellor, gym instructor (Maryhill) and an arts worker and access to an addiction worker.</p> <p>Wrap around support occurs outwith the service delivery time and often involves engaging the young person in other organisations both statutory and non statutory, advocating on behalf of the young person, or referring to other organisation/services for all round support. This is provided by the YHS Nursing team.</p>

Referral Criteria	<ul style="list-style-type: none"> • Lives in Glasgow City (primarily North West Locality) • The patient must be aged between 12 and 19. • Have consented to referral.
Who can refer	<p>Youth Health Service operates an open referral system. This facilitates referrals from patients, carers, parents/guardians, health care professionals, social work services, Third sector organisations or GP's within Glasgow City HSCP.</p> <p>Informal enquiries are welcome.</p>
Process	<p>Referrals to the service will be received through a single point of access during the hours of 8.30 – 4 pm on 0141 451 2727.</p>
Location/Hours of service	<p>Below lists the current available sites for Youth Health Service.</p> <p style="text-align: center;"><u>Glasgow</u></p> <ul style="list-style-type: none"> • Tuesday – 18:00- 20:30, Drumchapel Health Centre • Wednesday – 18:30-21:00, Possilpark Health and Care Centre • Thursday – 18:30-21:00, Maryhill Health and Care Centre