

NHS Greater Glasgow Urology Formulary 2015/17

Primary Care

A guideline is intended to assist healthcare professionals in the choice of therapeutic options for patient-centred care. Clinical judgement should be exercised on the applicability of any guideline, influenced by individual patient characteristics.

Urology care formulary, product data and prescribing guidance developed by a Multidisciplinary Group. Urology Care Formulary to be monitored by the Therapeutics subgroup of the Area Drugs and Therapeutics Committee.

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Foreword

The NHS Greater Glasgow and Clyde Urology Formulary Primary Care have been developed to provide practitioners with a selection of preferred for use in Primary Care in NHSGGC.

Implementing a Urology Formulary provides assurance that the products being used in practice have been assessed as suitable for use, effective both clinically and in terms of cost, acceptable to patients/clinicians and are supported by base.

Taking a formulary approach to urology care can provide benefits in terms of aiding continuity and can save time in nurse decision making. By rationalising the products in use there is assurance that only clinically proven and cost effective products are used. However it is recognised that variation in product choice may occur in specialist areas or according to individual patient need.

Practitioners should aim to use product/s included in the Formulary in most cases and only use a non-formulary product when there is a good clinical reason for doing so. If prescribing a non formulary product or if clinicians wish to have a new/different product considered for inclusion on the formulary (or to provide feedback on current products) a non-formulary/product evaluation form must be completed.

Assessment and use of all appliances must be undertaken by an appropriately trained healthcare professional. For this reason the Formulary is intended to complement the NHS GGC Community Nursing Guideline: [Urethral Catheterisation and Supra-pubic re-catheterisation for Adult Patients](#).

Advice on the use of penile sheaths can also be accessed via the Bladder and Bowel Foundation Product Information with a link available on the [SPHERE Bladder and Bowel Service Website](#)

This Formulary will be used as a tool for measuring practice and for identifying those clinical areas where prescribing is not consistent; in these areas the formulary will be used as an educational tool to promote clinical and cost effective prescribing of urology-care products across NHSGGC Primary Care.

Signature



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Ordering supplies

There are two routes to the supply of urology products and this should be discussed with patients and/or carers to determine their preferred choice:

1. **Community Pharmacies** – prescriptions can be requested by the patient or the patient's representative from the GP surgery and items delivered directly to the patient's home, along with other medication. Stock will be delivered within 24 – 48 hours in most instances
2. **Dispensing Appliance Contractors (DAC)** –prescriptions can be requested from the GP by the patient or the patient's representative and sent to the DAC. Items are in most circumstances delivered directly to the patient's home. Delivery time frames and intervals between deliveries can be agreed with the DAC

Patients should be encouraged to order when they get to a defined threshold quantity to allow sufficient time for delivery

Patients should be advised to avoid stock piling as products have a recommended shelf life and are influenced by changes in temperature

- All continence products are classified as medical devices and are regulated by the Medical Device Agency (MDA). Anyone may report adverse incidents or problems with products, including patients, carers, or any healthcare professional via the Medicines and Healthcare Products Regulatory Authority (MHRA). www.yccscotland.scot.nhs.uk

Prior to inserting or replacing a catheter

- Patient assessment is essential before deciding to catheterise to ensure this option optimises patient centred care
- In view of complications associated with indwelling urinary catheters, alternative management options should be considered first line.
- Patients and carers should be given the opportunity to make an informed choice when selecting products. The choice however, is determined by clinical judgement and is guided by the urology formulary
- It is important that the patient is reviewed regularly to determine whether a catheter is still required or if the patient's circumstances have changed and a different formulary product or management strategy is considered appropriate.
- Ensure when prescribing products that reasonable quantities are requested to reduce waste and prevent inappropriate changes of appliances. Table one provides recommendations on reasonable volumes. For further information refer to manufacturers' guidance.
- The first time a patient is catheterised three catheters should be prescribed, one for use and two for spare. From then on only one catheter should be prescribed at a time.

Prescribing Recommendations

- When using the Formulary prescribers should follow the principles of mindful prescribing, taking into account the quantity and frequency of change of products prescribed.
- A summary of prescribing recommendations (Table one) outlines reasonable quantities of products which would be expected to be prescribed for two monthly prescription requirements (56 day prescribing).
- A summary of all products and codes is included in Table two to support accurate prescribing.
- These quantities can be used to inform an individualized patient management plan.

ADTC Therapeutics Group – Urology Appliances and Accessories: Adults Primary Care

Product	Frequency of change	Prescription requirements (56 day prescribing):
Indwelling urinary catheters long term: <ul style="list-style-type: none"> • Medisil[®] (urethral only). • Qufora[®] catheters available in open ended and rounded (nelaton) catheters 	<ul style="list-style-type: none"> • One catheter every three months 	<ul style="list-style-type: none"> • First time catheterisation: prescribe 3 catheters (one for immediate use, two spare for unplanned changes if required) • Ongoing prescriptions: One catheter • Qufora[®] catheters are licensed for urethral and supra pubic use
Indwelling supra pubic long term catheter <ul style="list-style-type: none"> • Qufora[®] <u>male size only</u> available in open ended and rounded (nelaton) catheters • LINC Uri-flow[®] • Rusch[®] (latex) 	<ul style="list-style-type: none"> • One catheter every three months 	<ul style="list-style-type: none"> • First time catheterisation: prescribe 3 catheters (one for immediate use, two spare for unplanned changes if required) • Ongoing prescriptions: One catheter
Sterile Catheterisation Procedure Insertion Packs: <ul style="list-style-type: none"> • Richardson Cath-It[®] 	<ul style="list-style-type: none"> • One pack required per catheter change 	<ul style="list-style-type: none"> • Two layer system: Layer One removal kit. Layer Two Catheterisation insertion kit (Does not include catheter, lubricating gel or saline).
Sterile Lubricating Gel : Instillagel [®] for indwelling catheter insertion procedure contains: <ul style="list-style-type: none"> • Lidocaine hydrochloride 2% and Chlorhexidine gluconate solution 0.25% 	Presentation sterile syringe gel: <ul style="list-style-type: none"> • 6mls (female), 11ml (male) • Pack size 10 	<ul style="list-style-type: none"> • Administer 5 minutes prior to catheter insertion. • Prior to use be aware of the contraindications for use and observations required for the use of lidocaine
Leg drainage bags and STERILE night drainage bags <ul style="list-style-type: none"> • Prosys[®] bag • Qufora[®] bag 	Replace bag: <ul style="list-style-type: none"> • Every 5 to 7 days • At routine catheter change 	<ul style="list-style-type: none"> • 1 box of 10 bags (sufficient for up to 10 weeks) • Min: 8 and max 12 required • Box includes one pair of non-sterile latex gloves and 10 soft elasticated cotton Velcro retention straps
Night drainage bags (Non sterile) <ul style="list-style-type: none"> • Prosys[®] bag • Qufora[®] bag 	<ul style="list-style-type: none"> • Single use • Change bag daily 	<ul style="list-style-type: none"> • 6 Boxes of 10 (60 Bags)
Night drainage bags (non sterile) <ul style="list-style-type: none"> • Qufora[®] 2 litre ;120 cm length, lever valve • Qufora[®] 2 litre ;120 cm length, T-valve • Prosys[®] 2 litre ;120 cm length, lever (options available for single or weekly use) 	<ul style="list-style-type: none"> • Change once weekly 	<ul style="list-style-type: none"> • 1 Box of 10
Catheter valves 4 cm: <ul style="list-style-type: none"> • Careline[®] lever • Careline[®] T- tap 	Replace valve: <ul style="list-style-type: none"> • Every 5 to 7 days at routine catheter change 	<ul style="list-style-type: none"> • 2 boxes of 5 • minimum 8 - maximum 12
Penile sheaths: <ul style="list-style-type: none"> • P-sure[®] • Freedom Transfix[®] 	Change daily: <ul style="list-style-type: none"> • Some patients may prefer to leave in situ for longer periods • 1 box contains 30 	<ul style="list-style-type: none"> • Sheaths can be changed on a daily basis to relieve pressure and allow for skin hygiene • 2 boxes (60 sheaths) max

Table Two: Formulary and Product List with PIP and order Codes

MEDASIL SILICONE BALLOON CATHETER- MEDASIL SURGICAL LTD					
	Balloon size	Size	Tip	PIP CODE	ORDER CODE
Female	10mls	12	Nelaton	270-2447	86F
Female	10mls	14	Nelaton	270-2454	86F
Female	10mls	16	Nelaton	270-2462	86F
Female	10mls	18	Nelaton	270-2470	86F
Female	30mls	16	Nelaton	270-2520	86F
Male	10mls	12	Nelaton	270-2280	84M
Male	10mls	14	Nelaton	270-2298	84M
Male	10mls	16	Nelaton	270-2306	84M
Male	10mls	18	Nelaton	270-2314	84M
Male	30mls	16	Nelaton	270-2389	84M
QUFORA SILICONE BALLOON CATHETER-MacGREGOR HEALTHCARE LTD					
Female	5-10mls	12	Nelaton	381-2500	34240512
Female	5-10mls	14	Nelaton	381-2518	34240514
Female	5-10mls	16	Nelaton	381-2526	34240516
Female	5-10mls	18	Nelaton	381-2542	34240518
Male	5-10mls	12	Nelaton	381-2393	34220512
Male	5-10mls	14	Nelaton	381-2401	34220514
Male	5-10mls	16	Nelaton	381-2419	34220516
Male	5-10mls	18	Nelaton	381-2427	34220518
UNISEX	5-10mls	16	Supra-pubic/open tip	381-2757	34230216
UNISEX	5-10mls	18	Supra-pubic/open tip	381-2716	34230218
UNISEX	5-10mls	20	Supra-pubic/open tip	381-2724	34230220
URI-FLO ALL SILICONE CATHETER LINC-MEDICAL SYSTEMS LTD					
UNISEX	10mls	16	Supra-pubic	284- 8687	08451610
UNISEX	10mls	18	Supra-pubic	284 -8695	08451610
UNISEX	10mls	20	Supra-pubic	284-8703	08452010
RUSCH PTFE SYMPACATH AQUAFLATE LATEX HYDROGEL CATHETER -TELEFLEX MEDICAL					
UNISEX	10mls	16	Supra-pubic	285-6078	DH310116
UNISEX	10mls	18	Supra-pubic	285-6102	DH310118
CATH-IT CATHETERISATION PACKS-RICHARDSON HEALTHCARE					
Small/medium gloves				370-1034	908410
Medium/large gloves				370-1042	908420
Large/extra large gloves				379-6935	908430
DRAINAGE BAGS (10 bags per box)					
Box contains 1pair non sterile latex gloves and soft elasticated cotton Velcro straps.					
QUFORA DRAINAGE BAGS-MacGREGOR HEALTHCARE LTD					
Type	SIZE	TUBE LENGTH	TAP	PIP CODE	PRODUCT CODE
Leg	350ml	long	lever	380-8078	12061504
Leg	350ml	short	lever	385-7273	12061804
Leg	500ml	long	lever	380-8086	12161504
Leg	500ml	short	lever	385-7281	12161804
Leg	350ml	long	T-tap	380-8185	12051504
Leg	500ml	short	T-tap	385-7299	12051804
Leg	500ml	long	T-tap	380-8193	12151504
Leg	750ml	long	lever	380-8094	12361504
Leg	750ml	short	lever	388-4301	12361804
Leg	750ml	long	T-tap	380-8201	12351504
Leg	750ml	short	T-tap	385-7315	12351804
Night	2litre	120cm	lever valve	381-2781	14823204
Night	2litre	120cm	T-valve	381-2773	14853204

PROSYS DRAINAGE BAGS-CLINISUPPLIES LTD					
Leg	350ml	short	slide	299-6817	P350S
Leg	350ml	long	slide	299-6767	P350L
Leg	500ml	short	lever	299-6825	P500S
Leg	500ml	long	lever	299-6791	P500L
Leg	500ml	short	slide	299-6825	P500S
Leg	500ml	long	slide	299-6791	P500L
Leg	500ml	long	lever	351-1474	P500L-LT
Leg	750ml	short	slide	299-6833	P750S
Leg	750ml	long	slide	299-6809	P750L
Night	2litre	120cm	lever	313-7940	P2000
Night	2litre	120cm	lever	351-1458	P2000LT
CARELINE CATHETER VALVE-UNOMEDICAL LTD (5 per box)					
Can be connected to catheter or sheath					
Type				PIP CODE	PRODUCT CODE
Lever				346-4484	908211S
T-tap				346-4492	908041S
P-SURE PENILE SHEATH-MANFRED SAUER LTD (30 per box)					
Sheath size		Diameter (mm)		PIP CODE	PRODUCT CODE
Small		20		290.2856	97.20
Small		22		290.2864	97.22
Small		24		290.2872	97.24
Medium		26		290.2880	97.26
Medium		28		290.2898	97.28
Medium		30		290.2906	97.30
Large		32		290.2914	97.32
Large		35		290.2922	97.35
Large		37		290.2930	97.37
Extra large		40		290.2948	97.40
FREEDOM TRANSFIX PENILE SHEATH-ROCHESTER MEDICAL LTD (30 per box)					
Small		25		326-2722	TF12530
Medium		29		326-2730	TF12930
Intermediate		32		326-2748	TF13230
Large		36		326-2755	TF13630
Extra large		41		326-2763	TF14130
Shorter length-small		25		326-2721	TF22530
Shorter length-medium		29		326-2789	TF22930
Shorter length-intermediate		32		326-2797	TF23230
Shorter length-large		36		326-2805	TF23630
Shorter length-extra large		41		326-2813	TF24130
Extra wide adhesive band-small		25		326-2821	TF32530
Extra wide adhesive band-medium		29		326-2839	TF32930
Extra wide adhesive band-intermediate		32		326-2847	TF33230
Extra wide adhesive band-large		36		326-2854	TF33630
Extra wide adhesive band-extra large		41		326-2862	TF34130