If your child has - a fear of noises from the toilet:

- Show them the workings of the toilet to take away any fears they may have relating to where the water comes from/goes to, how the flush mechanism works and what it is that makes the noise when the handle is flushed.

- Put food colouring in the cistern for them to watch when the toilet is flushed to distract from the noise.

- Store a couple of folded bath towels on top of the cistern to dull the noise of the cistern being flushed.

- Encourage your child to put the lid down to reduce flushing noise.