

Core brief

Tuesday, 29 May 2018

Introduction

This issue brings you information on the Carers Act.

It takes less than 10 minutes to make a difference

The Carers (Scotland) Act is now in place. This means, **by law** carers and young carers are recognised and supported to enable them to continue in their caring role, if they wish to do so, in good health and have a good quality of life alongside their caring role.

The Act requires that staff, across our hospital services, involve carers in discussions and decisions about the person they care for, before they are discharged from hospital. Staff would need to ensure their patient has consented to this.

To make a difference, carers and young carers are **identified**; are proactively **involved** in care and discharge planning; and are aware of the **support** available for them.

To support our staff to achieve this, a new video resource has been developed. This is a video version of briefings delivered across our health board which highlighted the requirements of the Act. The video was co-produced with our staff who highlighted specific information needs when we delivered ward briefings.

The short video clip will take less than 10 minutes to watch. It will let staff know how to identify, involve and support carers, whatever their role. The video clip will equip our staff to know:

- About the Carers Act
- Who carers are
- How to identify carers
- How to involve carers
- How to support carers
- About available resources
- How to evidence they have Identified, Involved and Supported carers

So visit: www.nhsggc.org.uk/carers-resource now to watch our video and make a difference for your patients and their carers.

There is also a dedicated carers webpage for NHSGGC staff. This provides key information so staff know what is required, from them, to meet the requirements of the Act. www.nhsggc.org.uk/carers