Glasgow Community Stroke Team (CST)

Criteria and Referral Process

• Glasgow CST is a rehabilitation team consisting of Specialist Nurses, Physiotherapists, Occupational Therapists, Speech and Language Therapists and generic Support Workers, providing therapy to patients with stroke specific rehabilitation goals.

• The team will liaise with Stroke Consultants, Hospital Stroke Nurses and patients’ GP as required. CST can also forward referrals to the Stroke Psychology service as necessary.

• Treatment plans and reviews will take place within a patient's own home.

• Patients' progress will be under ongoing review. If progress is continuing, rehabilitation will continue for up to 8 weeks. In certain circumstances, this could be extended to a maximum of 12 weeks.

Patient Group Criteria

• Patients being discharged from hospital following an acute stroke event with realistic stroke rehabilitation goals.

• Patients with a previous history of a stroke event with stroke specific rehabilitation goals.

• Patient consents to input from team.

• Age 16 years or over.

• Able to transfer independently or with assistance from 1 carer.

Referral Process

• Ward discharges – via AHP referral form plus Immediate Discharge Letter/Nursing Discharge Form part 1, and also Nursing Discharge Form part 2. Fax paperwork to CST at Clutha House. Fax: 0141 427 6256

• Once date of ward discharge agreed advance notice of referral via telephone call to CST could be made. Tel: 0141 427 8377/8392

• Community patients – via practice nurse referral form or GP letter. Fax to CST at Clutha house for screening by Team Lead. Fax: 0141 427 6256

Who can refer?

• Ward staff on discharge from hospital

• Stroke Consultant, Stroke Nurse, Stroke Psychologist from clinics

• GP or practice nurse at patient’s annual review

• AHPs in other community rehabilitation services where there are new stroke specific issues and goals.

At the end of input the patient may require onward referral to:

• Stroke Out-Patient Clinics

• Generic Rehabilitation Services

• Local community / leisure services e.g. Live Active.

• Mental Health Team

• Stroke Groups