Risk Assessment Referral Management Guidance

Patients with Rheumatoid Arthritis

10 year risk of major fracture (assessed by WHO FRAX or QFracture) ≥10%
- Refer for DXA Scan (via DADS referral)

10 year risk of major fracture (assessed by WHO FRAX or QFracture) <10%
- Advise re healthy eating, calcium & vitamin D intake, exercise, non-smoking

Fracture risk 7.5-9.9%:
Consider re-assessing fracture risk (WHO FRAX or QFracture) after further 1-3 years

Fracture risk <7.5%:
Consider re-assessing fracture risk (WHO FRAX or QFracture) after further 3-5 years

Please review SCI Store to check if a DXA scan has taken place in the last 3 years - a DADS referral may not be required. Please follow the recommendations in the DXA report.