REFERRAL GUIDANCE
GERIATRIC MEDICINE - DAY HOSPITAL

SERVICES

Medicine for the Elderly services offer day hospital attendance for comprehensive assessment of frail older people. This may involve one or several attendances, scheduled weekly. It is run between 8.30-4.30pm Monday – Friday. If ambulance transport is necessary on medical grounds and the SAS Patient Transport Service Policy eligibility criteria is met, this can be organized, but this requirement will be reviewed for each visit.

We offer:

- Assessment/treatment for complex multi-faceted problems
- Rapid access intervention to prevent hospital admission
- Management and monitoring of frail elderly patients with multiple long-term conditions
- Rehabilitation e.g. post stroke, hip fracture, Parkinson’s Disease
- Supported discharge of hospital inpatients
- Specialist medical and nursing procedures e.g. blood transfusion
- Health education and carer support

WHO TO REFER (Inclusion criteria)

- Patients with acute reduction in mobility or function that cannot be dealt with by a community team or require specialist multidisciplinary input or equipment
- Those for whom urgent Day Hospital attendance might avoid hospital admission
- Those with a combination of mobility and medical problems.

WHO NOT TO REFER (Exclusion criteria)

- Unstable clinical condition (e.g. Acute stroke/TIA GI haemorrhage)
- Chest pain/acute cardiac problems.
- Patients who are unable to participate in treatment or rehabilitation e.g. because of profound cognitive deficit.
- Patients whose needs can be addressed by community services e.g. only requiring physiotherapy.
- Patients aged under 65 years (unless discussed with consultant first)

HOW TO REFER (Advice regarding referral)

- To Day Hospital via SCI Gateway
- Referral Letter to the Day Hospital

CONTACTS

If wish to discuss referral further, please contact your nearest Day Hospital for advice:

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<tr>
<th>Location</th>
<th>Tel. No.</th>
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<tbody>
<tr>
<td>South East</td>
<td>New Victoria Hospital 0141 347 8150</td>
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<td>South West</td>
<td>Langlands Day Hospital (SGH) 0141 201 2440</td>
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<td>East</td>
<td>Lightburn Day Hospital 0141 211 1565</td>
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<td>North West</td>
<td>Drumchapel Day Hospital 0141 211 6039</td>
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<tr>
<td>North East</td>
<td>New Stobhill Hospital 0141 355 1732</td>
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<tr>
<td>Clyde</td>
<td>Inverclyde Royal Hospital - Larkfield 01475 505045</td>
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<td>Clyde</td>
<td>Royal Alexandra Hospital 0141 314 7412</td>
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<td>Clyde</td>
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RESOURCES WE CAN PROVIDE OR ACCESS

- Multidisciplinary team with consultant supervision
- On site doctor with consultant review
- Nursing team including specialists in movement disorders, stroke and falls
- Physiotherapy
- Occupational therapy
- Speech and language therapy
- Dietetics
- Orthotics
- Diagnostics e.g. Blood tests, Radiology: ultrasound, CT, ECG, Echo, 24 hour ambulatory ECG, Pulmonary function testing, Doppler’s, Bladder scanning

June 2011