

您正在照顾某人吗？

(Are you looking after someone? – Chinese Mandarin)

**如果是，那么您就是护理人员。
您并不孤单。**

有人可以为您和您的护理对象
提供帮助和支持。



☎ 护理人员信息热线 **0141 353 6504**
🌐 www.nhsggc.org.uk/carers
✉ supportandinformation@ggc.scot.nhs.uk

当地护理人员服务

Renfrewshire Carers Centre

Embroidery Mill ,
Abbeymill Business Centre, Paisley PA1 1TJ
☎ 0141 887 3643
✉ enquiries@renfrewshirecarers.org.uk
🌐 www.renfrewshirecarers.org.uk

Inverclyde Carers Centre

68-70 Cathcart St, Greenock PA15 1DD
☎ 01475 735180
✉ enquiries@inverclydecarerscentre.org.uk
🌐 www.inverclydecarerscentre.org.uk

East Renfrewshire Carers

The Gatehouse, Eastwood Park,
Rouken Glen Road, Giffnock G46 6UG
☎ 0141 638 4888
✉ enquiries@eastrenfrewshirecarers.co.uk
🌐 www.eastrenfrewshirecarers.co.uk

Carers Link East Dunbartonshire

Milngavie Enterprise Centre
Ellangowan Road, Milngavie G62 8PH
☎ 0141 955 2131 or 0800 975 2131
✉ enquiry@carerslink.org.uk
🌐 www.carerslink.org.uk

Glasgow City Carer Services

☎ 0141 353 6504
✉ info@glasgowcarersinformation.org.uk
🌐 www.glasgow.gov.uk/carers

Carers of West Dunbartonshire

84 Dumbarton Road, Clydebank G81 1UG
☎ 0141 941 1550
✉ clydebankcc@carerswd.org
🌐 www.carerswd.org