

Improving Rehabilitation Services for the Elderly in North East Glasgow and East Dunbartonshire

Current Pattern of Services: Across North East

- Most elderly patients assessed at GRI are discharged home after a period of acute multidisciplinary care and do not need a longer period of rehabilitation.
- Elderly patients attend the GRI from across Glasgow NE and East Dunbartonshire
- Inpatient elderly rehabilitation is at Lightburn and Stobhill Hospitals covering whole NE area
- Rehabilitation for NE orthopaedics at Gartnavel
- Rehabilitation for NE stroke at Stobhill
- Day Hospital and outpatients at Lightburn for East End

Current Pattern of Services: Lightburn

- 56 inpatient beds
- Day hospital
- 3 Consultant led clinics each week 1 fortnightly
- 1 Nurse led clinic each week
- Monthly Parkinson group meeting

Summary of Lightburn Activity

Lightburn Hospital Activity Data

Inpatient Episodes	714
Day Hospital Attendances	400 new 3000 return
Falls OP	300
General Geriatric OP	300
Movement Disorder OP	550
All Outpatients	400 new and 750 return

Proposal - context

Local and National Clinical Services Strategy set out future models of care for Older People's Services to ensure stay in hospital is for the period of acute care only.

- Early intervention from specialists in the care of older people focussed on multi-disciplinary assessment of frailty
- Rapid commencement of multi-disciplinary rehabilitation within facilities that enable fast access to the full range of investigations and specialist advice.
- comprehensive support and facilities quicker return to home or more homely setting in the community
- Medicalised day hospital
- One stop outpatients

Proposal - Services

- Acute hospital rehabilitation beds provided in Stobhill Hospital
- Community rehabilitation beds in local care facilities
- Day hospital services combined at Stobhill Hospital
- Outpatients clinics to either Glasgow Royal Infirmary or Stobhill Hospital
- Alternative local meeting space for the Parkinson's support group
- If the services are transferred it will result in the closure of the Lightburn Hospital site.

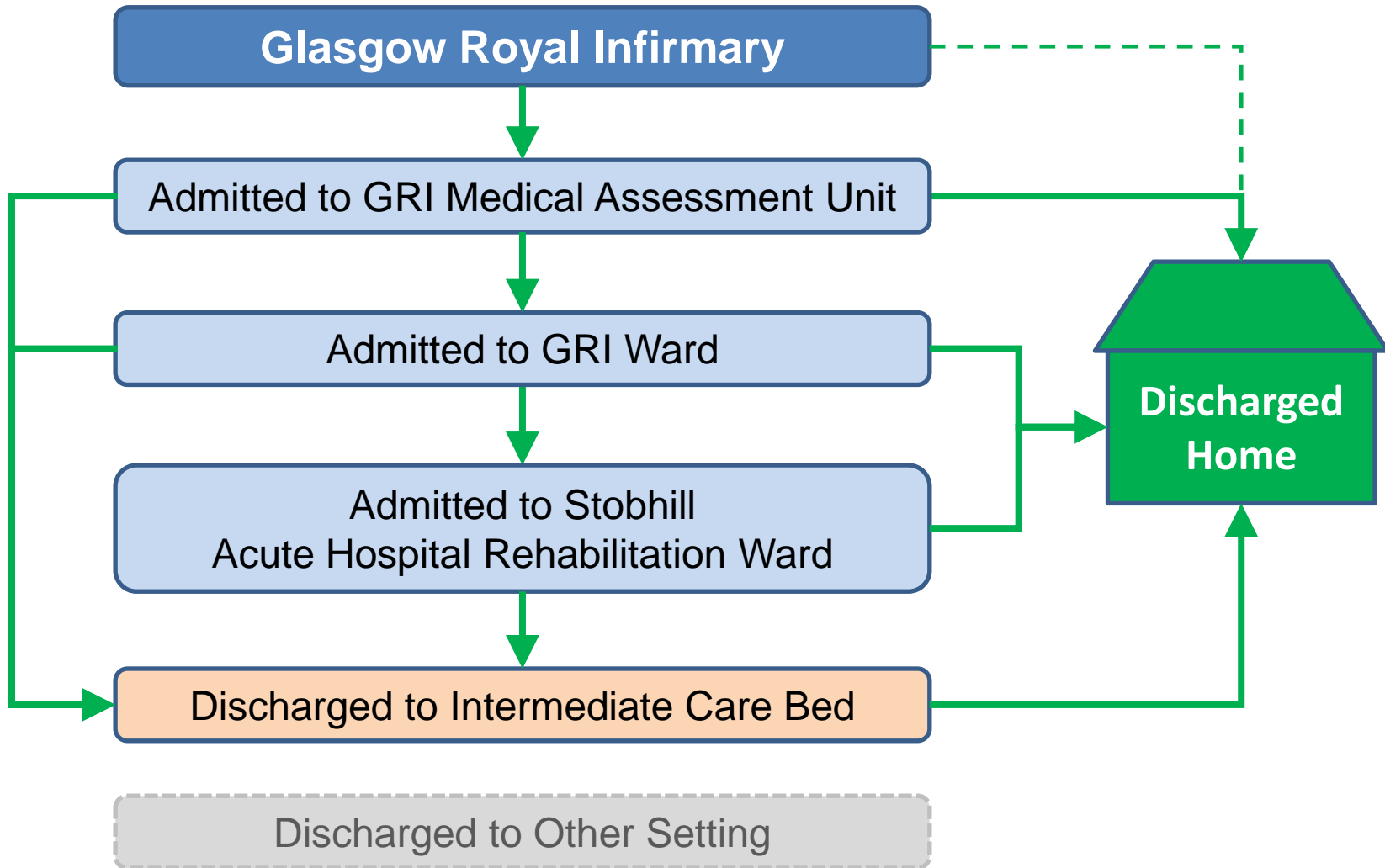
What does this proposal deliver?

- These changes deliver:
 - Acute services in our full acute hospitals with onsite access to a full range of investigations, services and specialists
 - Provide locally accessible inpatient community rehabilitation
 - Provide more rehabilitation in people's homes
- Our proposals have been developed with the consultants, nurses and allied health professionals delivering the current services.

New system of care?



Proposed New Pathway



Proposed New Pathway

Glasgow Royal Infirmary:

- Elderly from across North East Glasgow and East Dunbartonshire attend Glasgow Royal Infirmary Emergency Receiving Complex
 - A&E and the Acute Assessment Unit
 - Initial assessment and diagnosis
 - Includes specialists (Target Team) who start a Comprehensive Geriatric Assessment.
- From here patients can sometimes return home but if they need further investigation or assessment they are admitted to the Medical Admissions Unit.

Proposed New Pathway

Medical Admissions Unit:

- If injury or illness requires treatment or further assessment usually first admitted to the Medical Admission Unit
- Includes Acute Frailty Unit where Geriatricians, Target Team and other Allied Health Professionals determine whether they can:
 - Discharged home
 - Admitted to general medicine or geriatric medicine ward
 - Discharged to Intermediate Care Step Up Bed

Proposed New Pathway

Discharged Home

- Following initial investigation and assessment the majority of elderly patients are discharged home
- This might be with a Package of Care or with input from the Community Rehabilitation Team
- Patients can also attend the Day Hospital as an outpatient

Proposed New Pathway

Admitted to GRI Ward:

- If the Injury or illness requires treatment patients are admitted to a General Medicine or Geriatric Medicine Ward
- From here people can be
 - Discharged home
 - Admitted to Stobhill for further Acute Hospital Rehabilitation
 - Discharged to Intermediate Care Bed

Proposed New Pathway

Admitted to Stobhill Acute Hospital Rehabilitation Ward:

- If a patient requires Acute Hospital Rehabilitation they will be admitted as an inpatient
- Patient can undergo Rehabilitation on a site with a full a range of Support Services and Specialities
- From here patients can be:
 - Discharged home
 - Discharged to Intermediate Care for Reablement

Proposed New Pathway

Discharged to Intermediate Care Bed:

- If a patient requires further Rehabilitation, but does not need the full backup of an Acute Hospital they can access beds in local Care Facilities
- Here they can undergo reablement in a more homely setting
- People can also be admitted to prevent admission to an Acute Hospital

Proposed New Pathway

Discharged to Other Setting:

- The Goal of the Rehabilitation Service is to keep people living at home independently
- Illness or injury in some cases can mean that the individual might need to be discharged to a Care Home on a more permanent basis, or require the support of specialist care within Palliative Complex Care or Adults With Incapacity

What we have heard so far

- Support for current hospital
- Access to Stobhill
- Community based services: not well understood
- Perception of care homes
- Physical environment is good
- Lack of investment in the East End
- Should develop Lightburn site

Tell us what you think about our proposal

- You can speak to any member of staff here tonight who will be happy to answer questions and record your feedback
- You can leave feedback on our 'Graffiti Wall'
- Comments and feedback on all aspects of our proposal are welcome and people can also call, email or write to us until 08 May 2017 using the details in the leaflet

Consultation Next Steps

- Consult with stakeholders until 08 May
- Comments and feedback on all aspects of our proposal are welcome:
 - Calling Us
 - Writing to Us
 - In Person at Drop-ins and Events
- At the end of the consultation period a report to the Board of NHSGGC for decision
- If proceeds will then be submitted to the Scottish Government with SHC report.