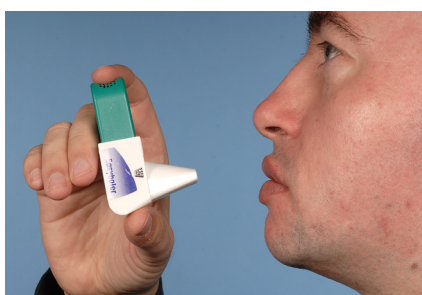


How to use your Easyhaler®

You have been prescribed an Easyhaler® to help manage your lung condition.

1. To open the Easyhaler®, hold the inhaler device in one hand and remove the dustcap with the other hand.
2. Shake the device up and down 3 to 5 times.
3. Hold the device upright between thumb and forefinger. Press down once on the coloured button with your forefinger until you hear a click. Release your forefinger. The dose is now ready.



4. Breathe out as far as is comfortable, away from the Easyhaler®.
5. Put the mouthpiece in your mouth. Seal your lips around the mouthpiece. Breathe in as quickly and deeply as you can until your lungs are full.
6. Remove the device and hold your breath for 5 to 10 seconds and then breathe out slowly.
7. Breathe normally.
8. For a second dose, wait 30 seconds and repeat steps 2 - 7.
9. Replace the dustcap after use.

Always:

- Check the dose counter on the side of the Easyhaler®. This tells you how many doses are left. The last 20 doses will appear in red.
- Make sure that you order a spare Easyhaler® before your present inhaler runs out.
- The Easyhaler® expires 6 months after being removed from its original packaging - except for Easyhaler® formoterol which expires 4 months after being removed. Please write down the date you opened the original packing to help you remember.
- If you are taking a beclometasone or budesonide Easyhaler®, rinse your mouth or clean your teeth after using your inhaler to prevent infection in your mouth.
- Take your inhalers with you when you attend your GP, Practice Nurse, or the hospital.

Cleaning:

- Wipe the mouthpiece regularly with a clean dry tissue. Do not wash in water.

If you need further help with your inhaler please contact your doctor, practice nurse, pharmacist or healthcare professional who gave you this leaflet.

Please use this information with the manufacturer's instruction leaflet.