

Further Information, Resources and Support



Alcohol Before, During and After Pregnancy Leaflet

The Alcohol Before, During & After Pregnancy leaflet has recently been updated (Jan '16) and is available to all pharmacies across NHSGGC. It is a useful aid to support

conversations around pregnancy and answers questions about the benefits of not drinking before, during and after pregnancy. It can be provided to anyone who asks for pregnancy related information.

To order further free copies of the leaflet, please use this link: www.phrd.scot.nhs.uk/HPAC/Index.jsp

Alcohol Guidelines Review

Further information about the CMO guidance and related evidence can be accessed through the Report from the Guidelines Development Group to the UK Chief Medical Officers (2016) and can be accessed via this link:

www.gov.uk/government/consultations/health-risks-from-alcohol-new-guidelines

Glasgow Council on Alcohol

To access the training materials from the Alcohol and Pregnancy Training (March 3rd 2016) and for further information about Alcohol and Pregnancy, please use this link:

www.glasgowcouncilonalcohol.org/communities-2/alcohol-and-pregnancy/

NHS Education for Scotland Fetal Alcohol Harm E-Learning Resource

This resource has been developed to support a range of activities led by the Scottish Government to substantially reduce the harm caused by alcohol consumption in pregnancy across

Scotland. The course content was developed by 'Children in Scotland' with input from the child and maternal health team at NES and the Scottish Government Fetal Alcohol harm national working group. The content was transformed into an interactive e-learning resource and the draft resource was tested and piloted by the maternal and child health team at NES and a group of clinical midwives and lecturers.

To access an **NHS Education for Scotland Fetal Alcohol Harm** e-learning resource, please use this link:

www.knowledge.scot.nhs.uk/home/learning-and-cpd/learning-spaces/fasd.aspx

Support for Patients – GG&C Health and Well-being Directory

The NHS Greater Glasgow and Clyde Health and Wellbeing Directory provides information about evaluated health improvement services provided by or commissioned by NHS GG&C to support self care and self management. To find out about services within your local area please use this link:

www.infodir.nhsggc.org.uk