

Information following your interventional  
radiology procedure

# **Percutaneous Venous Puncture**



Within interventional radiology we perform minimally invasive procedures under local anaesthesia and sedation, allowing you to be awake throughout the procedure.

## **Percutaneous Puncture**

Your procedure today involved access through one of your main veins (the neck, groin or arm).

## **Care instructions following your procedure**

Initially following the procedure we will monitor your vital signs (blood pressure, pulse, oxygen levels) and also the puncture site to check for any oozing, and haematoma formation (bruising).

We will apply a dressing which you should leave in place for 48 hours after your procedure. If there is any leakage past the dressing, contact the x-ray department where you had the procedure (Monday – Friday 9am - 5pm) or out of hours contact NHS 24 on 111.

After the procedure you may need to lie flat for a few hours. You may be in the radiology department or a ward. Gradually we will allow you to sit upright, but you will remain on bed rest. The length of time will depend on the nature of your procedure.

You may be able to go home on the same day, or be kept in overnight.

If you have discomfort after the local anaesthetic or sedation wears off, a painkiller like paracetamol should be effective, and as long as you have no contraindications it is safe to take.

You should be able to start eating and drinking shortly after the procedure. The staff will tell you about this at the end of the procedure.

You should not undertake any strenuous activity and rest especially in the first 24 hours after your procedure.

If access was through your arm then it is important you limit the movement of that arm for 24 hours.

Returning to work will depend on the nature of the procedure and the nature of your work. Please discuss this with the radiologist.

## **For further Information**

Contact the department where you had your procedure (Monday - Friday 9am - 5pm) or out of hours contact NHS 24 on **111**.

