

Improving Rehabilitation Services for the Elderly in North East Glasgow

Introduction

We are proposing to improve the way we provide rehabilitation services for older people in the North East of Glasgow. This leaflet explains what we want to change and how this will affect patients in the North East of the city.

Rehabilitation caters for the needs of elderly people who have suffered an injury or are recovering from an illness. The goal of rehabilitation is to help people get back to their previous level of function and wellbeing. This includes personal care and mobility.

It also explains how you can give us your comments on this proposal. Please take the time to read the leaflet and give us your views.

What is the current service model?

Older people's hospital services and facilities are located at Glasgow Royal Infirmary, Stobhill and Lightburn Hospitals. There are day hospital units at Stobhill and also at Lightburn.

Most older patients who have completed their acute treatment at Glasgow Royal Infirmary are discharged from the hospital. For the smaller number of patients who would benefit from inpatient rehabilitation this is provided in ward accommodation at Stobhill and Lightburn Hospitals. To increase the number of patients who can be discharged directly from the GRI we have been developing:-

- community facilities providing rehabilitation in a more homely setting in local care homes.
- community Rehabilitation Teams to provide rehabilitation in people's homes.

What changes in the proposed service model?

By developing new services we are reducing the numbers of patients who need specialist acute hospital rehabilitation with more patients able to receive the care they need in a more homely community setting rather than needing to be in an acute hospital facility. The reducing numbers of patients still requiring rehabilitation in an acute hospital are better cared for in a hospital which has on-site access to a greater range of support services than is currently available at Lightburn Hospital, including:

- Laboratory medicine (e.g. blood samples analysed)
- Imaging and Diagnostic services (e.g. CT scans, MRI, Ultrasound)
- Orthotics (e.g. inserts for shoes or supports for knee)
- Pharmacy
- Cardiology (e.g. tests and treatment for heart disorders) ; and
- Liaison from a range of other specialties

The new model proposes that acute inpatient assessment would continue to be provided within Glasgow Royal Infirmary, with more specialist inpatient rehabilitation at Stobhill Hospital for older patients and continuing at Gartnavel General Hospital for older orthopaedic patients.

Patients no longer requiring the specialist services of an acute hospital, but still requiring rehabilitation would either be discharged home or transferred to a wider range of local community facilities for care. The focus here is on reablement within a homely setting and this is about helping people regain the ability, skills and confidence to live as independently as possible following illness or injury.

This model of providing care and rehabilitation has proven successful in enhancing rehabilitation and helping people to return home at the earliest opportunity.

The day hospital service for the North East would be delivered from the modern facilities at Stobhill Hospital for the whole catchment area. This would give the whole population access to modern day hospital facilities and support facilities with on-site access to a range of services including laboratory medicine, imaging and diagnostic services, pharmacy and orthotics.

Outpatient services would continue to be delivered locally at Glasgow Royal Infirmary, at Stobhill and at a suitable location in the East End.

In the future there will be further development of community services with the proposed development of the site at Parkhead Health Centre and Parkhead Hospital to create high quality accommodation for a range of community services for the local population.

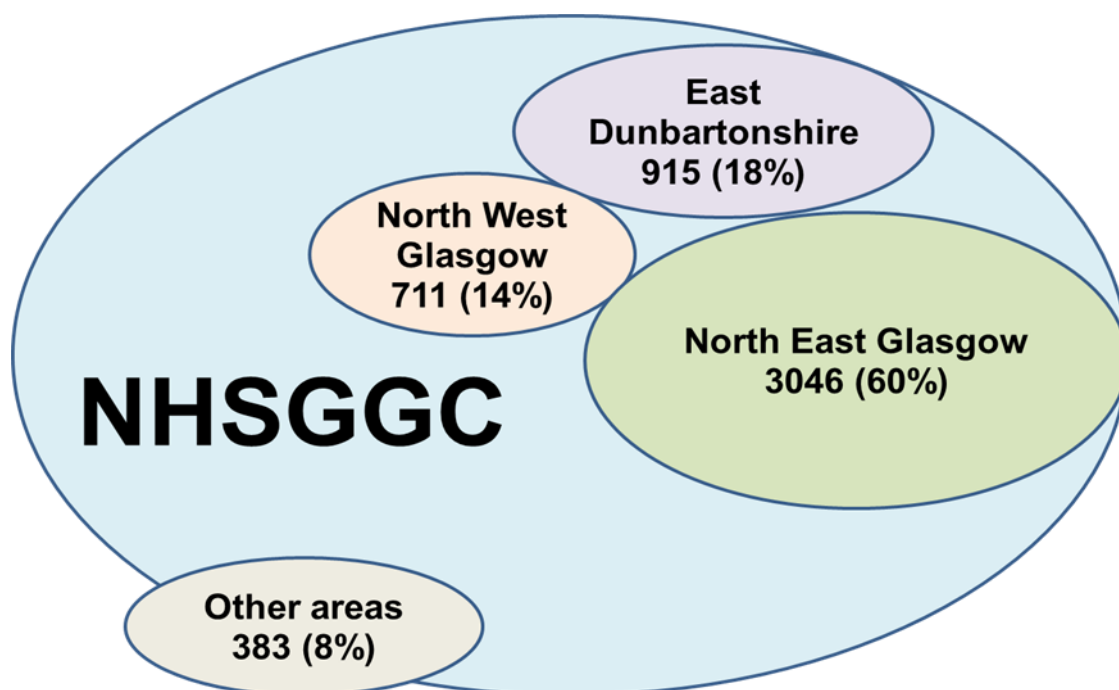
We are working on this engagement in conjunction with Glasgow City Health and Social Care Partnership to put in place local arrangements to ensure outpatient services provided from Lightburn and the Parkinson's support service can continue to be provided locally in the East End.

Who may be affected?

Glasgow Royal Infirmary serves a large geographical area across North and East Glasgow providing care and rehabilitation for older people from Glasgow and East Dunbartonshire. The figure below shows which parts of the catchment area elderly

inpatients were admitted from by percentage based on a year from April 2015 to March 2016 when we had 5055 elderly patients admitted.

Figure 1: The number and percentage of elderly patients admitted to the Glasgow Royal Infirmary from each area



Why do we want to change?

The way we provide healthcare is changing. The Scottish Government has issued a vision for NHS services which sets out that wherever possible, people should be supported to live at home or in a homely setting and that more people should be cared for in the community.

Our clinical teams want to improve the way they provide rehabilitation in the North East of Glasgow. The changes we are proposing would allow more focused rehabilitation in an acute hospital setting with comprehensive support facilities for the short period that patients require that level of rehabilitation, before accessing further rehabilitation in a more homely setting in their community before returning home.

Which patients will be affected?

The majority of patients who undergo assessment at Glasgow Royal Infirmary are currently discharged straight home after treatment of the clinical problem that brought them into hospital and do not need a longer period of rehabilitation.

For the majority of people therefore there will be no change from the service they receive at present. The patients whose services will change are those who currently are transferred for rehabilitation. In our new proposed model they will

either receive this service in local community facilities, at home or for those requiring further specialist care at Stobhill or the GRI.

Tell us what you think

We want to hear your thoughts on our proposal and are engaging with the public and interested parties until **Tuesday 6 December**. Comments and feedback on all aspects of our proposal are welcome and you can do this in a number of ways as an individual, group or organisation by:

Calling us: 0300 123 9987 (Free phone)

Emailing us: Public.Involvement@ggc.scot.nhs.uk

Writing to us: Patient Experience Public Involvement and Quality, 4th Floor
West Glasgow ACH, Dalnair Street, Glasgow, G3 8SJ

In Person: We are holding two public events on **Wednesday 2 November** from 2-4pm or 6-8pm in the Fullarton Park Hotel, 1230 Tollcross Road, Glasgow G32 8HB. The events are participative so we need to know how many people are coming to plan the arrangements so everyone can get involved, so **please let us know if you want to attend**. If you don't book a place we cannot guarantee we will be able to accommodate you.

We are committed to ensuring that everyone who wishes to comment can do so. If you wish you can call and speak directly to John Barber, who is the dedicated Patient Experience and Public Involvement Manager for this engagement process, and leave your feedback without giving your name.

There is more detailed information about the proposal available by calling us on 0300 123 9978 or by going online at www.nhsggc.org.uk/get-in-touch-get-involved

At the end of the engagement period a report will be presented to the Board of NHSGGC who will make a decision on whether to move to a period of full public consultation.

If you require this leaflet or any of the information materials in an accessible format, such as large print, Braille or in a community language please telephone 0300 123 9978