

Core brief

Wednesday, 05 October 2016

Introduction

This issue of Core Brief details an NHSGGC news release on smoking cessation targets surpassed as more than 3,000 smokers quit.

Greater Glasgow & Clyde smoking cessation targets surpassed as more than 3,000 smokers quit

More than 3,000 people have successfully stopped smoking with help from NHS Greater Glasgow & Clyde Smokefree Services in the last year. Many have signed up after hearing from friends and family how good the support is.

Each year, the Scottish Government sets the health board a target for the number of people it helps to successfully quit their habit. Over the 12 months up to March, the board's smokefree services surpassed that target by 42%. It helped 3,084 to quit with 1,884 coming from the most deprived areas in the board.

Dr Linda de Caestecker, Director of Public Health, NHSGGC, said: "Stopping smoking is very difficult. Every single person who made the life changing decision to stop deserves real praise for successfully quitting.

"We are committed to providing the very best support to everyone who wants to stop smoking. Every year the government sets us a target for smoking cessation and it's a real testament to those who gave up, and to our staff who supported them, that we surpassed our target by 40%."

[Click here](#) to read the full release.

Are your contact details up-to-date? [Click here](#) to check