



Amy was a
real princess
for the day!

See pages 2-5



A warm welcome for our

Sunshine and smiling staff greet The Queen as she opens our new hospitals

THERE was a carnival atmosphere when Her Majesty The Queen arrived to officially open our new hospitals on Friday 3 July.

Flag-waving staff and patients and warm sunshine ensured a wonderful Scottish welcome.

It was both an historic and memorable occasion for the hundreds who gathered outside and inside the hospitals.

Together with The Duke of Edinburgh, she made her way

through the stunning atrium to the science centre corridor in the children's hospital, before meeting staff, patients and their families in Ward 3b, a surgical children's ward.

Loud cheers rang out as she made her way through the link corridor, which was lined with proud staff, towards the Cardiac Rehabilitation Unit Gymnasium in the adult hospital.

More than 260 staff and visitors

had gathered in the atrium of the adult hospital for the formal proceedings.

Chairman Andrew Robertson addressed the audience before Her Majesty The Queen unveiled three specially designed plaques, announcing the hospitals' new names for the first time:

- Queen Elizabeth University Hospital, Glasgow
- Royal Hospital for Children, Glasgow

- The Queen Elizabeth Teaching and Learning Centre – Stratified Medicine Scotland.

Here on pages 2, 3, 4 and 5 of *Staff News* is a selection of some of the best photographs taken on this memorable day.

» A full selection of photographs can be viewed as a slide show on our website: www.nhsggc.org.uk/officialopening



Royal visitors



Chairman's Awards

Nominate a deserving member of staff, team or project in this year's Chairman's Awards!

CATEGORIES

- Clinical Practice
- Patient-Centred Care
- International Service (new this year)
- Volunteer/Patient Ambassador
- Using Resources Better
- Improving Health
- Nursing

Visit: www.nhsggc.org.uk/chairmansaward

Closing date: Friday 31 July 2015



Capturing some highlight





s of the official opening



Moira's new role is a first in Scotland

She will be first psychiatrist to look at physical as well as mental health

NHSGGC has broken new ground by assigning the first psychiatrist in Scotland with dedicated time to improve the physical health of mental health patients.

Dr Moira Connolly, a consultant psychiatrist in the Intensive Psychiatric Care Unit (IPCU) at Gartnavel Royal Hospital, has been handed this unique role by Dr Michael Smith, our associate medical director for mental health.

She works closely with medical and nursing staff, physiotherapists and community psychiatric nurses (CPNs) to highlight the importance of good physical health care and physical activity for patients both when in and on leaving hospital.

The IPCU has a small gym for patients to make sure that physical activity is on the daily menu for everyone.

Moira has had a long-running interest in the physical health of this group of patients. She has a Masters' degree in public health and has published on the subject.

She said: "The ultimate aim is to drive down disparity in mortality rates for people with major mental health illnesses who are two-and-a-half times more likely to die at an early age compared with the rest of the population.

"For some people, their psychiatric medications are life changing, but we know that as a result of medication, patients may experience sedation and metabolic side effects.

"Their appetite for fatty and salty food can increase, leading to weight gain, and they can potentially develop diabetes and cardiovascular problems.



"We also know that smoking rates are higher among mental health patients. Encouraging patients to be more active will counter some of the negative effects of medication and, like most things, it is best if we can intervene early."

There has been positive feedback from patients and staff, with CPNs encouraging physical activity outwith the IPCU, including access to gyms, to maintain levels of fitness.

She summed up: "This can only be successful if you have good and enthusiastic people behind you and strong collaborations – and we have that. I'd like to thank Dr Smith for giving me the opportunity to develop this work."

During her career, Moira has also worked with the Scottish Government and Health Scotland on mental health strategy around physical health.

Golf club outing is a great success

THE Annual NHSGGC Healthy Working Lives golf event was held on Friday 19 June at Rowallan Castle Golf Club, with 80 staff entered in the competition.

The event is a four-man team competition. Last year's winners – Craig Stockman, Brian Powrie, Owen Lavelle and Gary McLaughlin from the Mental Health sector – successfully defended their title with a brilliant score of 57.3.

They narrowly defeated Davie

Duncan, Lee Jenkins, Peter Haepzman and Davy Raeburn from the Stores Department, who posted 57.4.

In third place was a team from Inverclyde comprising Jeff Tipling, Ian Agnew, Jim McGeochan and Pat Cannon, who carded a very creditable 60.3.

Event organiser Frank McGuire thanked all who participated and in particular Margaret Hopkirk and Carolyn Quinn, who helped on the day.



Eighty staff enjoyed the annual golf event, which was hosted at Rowallan Castle

Releasing potential

New forum gives extra support to disabled staff

AN appeal is being made to staff to join our newly formed Disabled Staff Forum.

The network aims to provide support for disabled staff and look at what is working well and what needs to be improved for them within NHSGGC.

The forum is part of the Release Potential Campaign, launched last year to promote an environment where disabled staff feel able to talk to their managers about their situation and help all staff understand the importance of a supportive workplace.

Gartnavel General Hospital research nurse Kate Ocker is a founder member of the forum. She was diagnosed with epilepsy in 2005.

Kate said: "We are aware that many staff have an undeclared disability and the Release Potential campaign is our opportunity to create an open and supportive environment for everyone.



Kate Ocker is encouraging people to join the Disabled Staff Forum

"In order to make the most of this chance to contribute to the way forward, we would ask as many people as possible to become involved.

"Our current group is small and would benefit from greater diversity. NHSGGC is offering us a

chance to make a positive change, so let's make the most of this!"

Staff from any area can become involved either via the virtual forum on the FTFT website or at group meetings.

The next meeting of the forum is on Tuesday 18 August,

from noon-3pm at Glasgow Royal Infirmary.

>> To find out about how to get involved, visit the Release Potential Campaign, at: StaffNet > HR > Release Potential or tel: 0141 201 4560.

KEY ISSUES

It's time to speak up

THE 2015 NHS Staff Survey launches next month.

In the past, the survey was carried out every few years, but to give a more accurate picture of staff issues and NHS progress, it has been agreed it would be more valid to carry out an annual survey, and this year's is the fourth.

Once again, the polling and survey experts at Capita are running the survey on behalf of NHS Scotland.

Their statistical experts reckon that to gain a really representative snapshot of staff opinions on key issues affecting

the service, our culture and the areas where things need to be improved, all boards should aim for a return of more than 50 per cent.

This represents a big challenge to NHSGGC, as last year our return rate was less than 30 per cent.

As in the past, the questions being asked in the survey relate to feedback on both a national and local level and are taken very seriously by boards and the Scottish Health Department and the Scottish Government in driving policy, governance and culture change programmes.

To make it as easy as possible for staff to complete the survey, it will be emailed directly to staff and also made available in paper format where appropriate.

Over the next few weeks, look out for more detailed communications to line managers and directly to staff via Core Briefs, mass emails and StaffNet .

All responses are completely anonymous.

WHISTLEBLOWING

Code of Conduct

THE Code of Conduct for Staff incorporating the whistleblowing policy has been reviewed and approved at the Area Partnership Forum (APF).

NHSGGC takes its duty to promote a positive workplace culture seriously and the report highlighted high levels of satisfaction from staff who had used the policy to resolve very serious workforce issues.

The Code of Conduct for Staff can be accessed through StaffNet under – Corporate Services > Board Administration > Code of Conduct for Staff – and sets out who staff should contact in confidence if they honestly believe that a colleague or colleagues are breaching its conditions.

>> In relation to whistleblowing, advice is also available to all NHS staff in Scotland through the Scottish Government's free telephone confidential alert line, 0800 008 6112.



Mark's in the red

PATIENT experience and public involvement manager Mark McAllister created his own unique place in the six-year history of the seven-a-side annual football tournament when he was sent off during this year's final!

Last year, Mark was the first ever player to be red-carded since the competition was launched, and it was another early bath for the JB Russell team member when they lost 4-0 to Leverdale.

He is philosophical about being penalised: "I have no complaints about the sending off other than I struggle to catch the younger players now, so every tackle seemed to be late!"

It was also his tournament swan song – Mark leaves NHSGGC this month after 15 years to go to NHSScotland in Glasgow as the organisational lead for strategic development.

He added: "I'll be sad to go as I've worked with lots of good people over the years."

This year's tournament was played at the Glasgow University Playing Fields, Garscube Complex.

It was a packed day of competition attracting teams from Inverclyde to Stobhill, and across a wide range of services.

JB Russell overwhelmed Yorkhill 5-1 in the semi finals, while Leverdale finally won through against a team from Health Records after a penalty shoot out.

Event organiser Frank McGuire,



Mark McAllister is the first ever player to receive a red card in the 7-a-side football tournament

site facilities manager, said: "I'm grateful for the support from team captains for organising their teams, Kim Friel and Angela Sutherland for their help on the day and, of course, all who took part and made it once again a successful tournament."



CHALLENGE

Your chance to score at GOALS

STAFF who fancy themselves as the next Lionel Messi or Cristiano Ronaldo will have the chance to test their skills in an NHSGGC five-a-side football league.

We have teamed up with GOALS, the UK-wide football centre company, to launch a competitive tournament in their Glasgow facility.

About 12 teams will be taking part with the deadline for registration Friday 17 July. The league winners will be announced in December.

Chris Kelly, health improvement senior (physical activity), said: "We're keen to build on staff enthusiasm for the sport. Only NHSGGC staff are eligible to play – no ringers!"

It will be a ladder-based competition where teams can challenge those who are three places above them and can themselves be challenged by three teams below.

Players can register interest by contacting the Active Staff scheme, email: ActiveStaff.Legacy2014@ggc.scot.nhs.uk or tel: 0141 201 4629. The competition will be free with the Active Staff scheme paying the registration fees. GOALS will provide the referee.

When they turn up for games, staff should bring their payslips or identity passes.

COMPETITION

Win £250 of holiday vouchers

THIS month, we are giving you the chance to win £250 of Thomas Cook vouchers.

Perhaps you would like to book a long weekend away or cut the cost of a luxury holiday? Winning this month's fabulous prize will help you along the way.

It couldn't be simpler to enter. All you need to do is answer the question opposite and email your answer, along with your name and work location, to: Staffnewsletter@ggc.scot.nhs.uk or send to Corporate Communications, JB Russell House, Gartnavel Campus, 1055 Great Western Road, Glasgow G12 0XH.

Question:

What is the new category introduced in this year's Chairman's Awards?

T&C:

The competition is open to all NHSGGC employees. Only one entry per person. Winners must be available for a photograph, which may be printed with their details in future issues of SN.

The closing date for entries is 31 July 2015.

