



*Happy Birthday NHS*

# Celebrating the 65th birthday of the NHS!



ON 5 July we are celebrating another milestone in the constantly evolving NHS, its 65th birthday!

NHSGGC is putting its own personal stamp on this special anniversary over the next few months starting with this dedicated edition of SN and a specially created website recording some of our own major achievements over the last five years, which can be found at:

[www.nhsggc.org.uk/anniversary](http://www.nhsggc.org.uk/anniversary).

Chairman Andrew Robertson said: "In Greater Glasgow and Clyde we have been able to make great strides during the past five years and will be building on this as we open the New South Glasgow Hospital in two years time and move towards ever closer and more effective integration of health and social care.

"Our ability to deliver ever better services for our patients is entirely due to the professionalism and dedication of our workforce of whom the

Board is immensely appreciative."

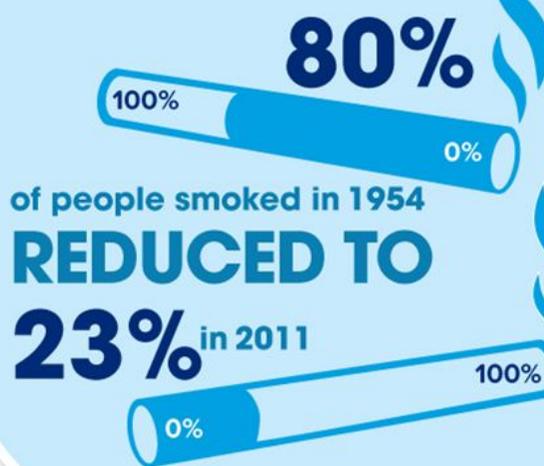
Health Secretary Alex Neil added: "When I visit NHS services across Scotland I never cease to be impressed by the stories of the dedication and compassion provided by staff. They have my admiration and gratitude.

"Not least because I have the NHS to thank for saving my son's life and, as Health Secretary and a father, I couldn't be prouder of what our health service does for the people of Scotland each and every day."

Meanwhile staff, patients and the public are getting into the spirit of the day. The Mansionhouse Unit has organised a "Nursing through the decades" display showing how uniforms have changed over the years.

This all changed when NHS Scotland decided to implement a standardised uniform policy for Boards and the new look uniforms began to be phased in, in Glasgow in 2009.

One of the elderly care



wards at the Southern General is hosting a 1948 themed party for patients in the day room where they can also enjoy some Glenn Miller big band classics.

Similar events are also being organised at Gartnavel General Hospital.

Even the patient and canteen meals will echo a bygone era. Staff and the public can choose a lentil soup starter at the old money price of 10 shillings, the equivalent of 50p now, or a hearty fish supper for 2 quid (£2).

The patient menu

offers home-made vegetable soup followed by fried fish and veg, finished off with strawberry gateau and cream.

Finally in November we finish our celebrations with NHS 65 Chairman's Awards at our Annual Review.



# Five years of highlights



JUST some of the highlights for us over the last five years include the opening of the New Stobhill and Victoria Hospitals in 2009.

Each costing £100 million, they are revolutionising patient care by transforming the balance of acute care from overnight procedures to same day treatment.

In 2010 the then Health Secretary Nicola Sturgeon cut the first sod of the publically – funded £842 million new South Glasgow hospitals campus.

The largest single NHS hospital build project undertaken in Scotland, when completed in 2015 the campus will deliver a truly gold standard of healthcare with maternity, children’s and adult acute services together on one single site.

2011 heralded the opening of the first of two superkitchens at Inverclyde Royal Hospital.

Together with the second kitchen at the Royal Alexandra Hospital, which opened the following year, they are now supplying food for patients throughout NHSGGC.

Catering manager Michael McCall went on to scoop UK Hospital Caterers Association Caterer of the Year award in 2013.

Health Secretary Alex Neil officially opened the £90 million laboratory in 2012 on the South Glasgow Hospitals’ Campus.

It is linked to the main hospital via a subterranean tunnel and is one of the most modern and efficient labs in the UK.

This year we launched Scotland’s most ambitious zero tolerance to smoking on hospital grounds campaign.

Hospital entrances are being rebranded with red ground hatchings and giant posters, and Smokefree wardens are being phased in across all sites to reinforce the message and also flag up our smoking cessation services.



# Nurse bank appeal to registered nurses

AN appeal has been made to registered nurses (RNs) to sign up with the Nurse Bank and support the Children's Seasonal Flu Immunisation programme in schools.

The School Nursing Service will lead the delivery of the scheme, which is part of a UK initiative, for the first year beginning in October.

This year the programme is aimed at two and three year old children, who will receive the vaccine from GPs, while nurses will inoculate pupils in targeted primary schools within NHSGGC.

The results of the following 12 months will be used to draw up a new annual national vaccination programme for 2-17 year olds

which will be phased in from 2014.

Jean Stevenson, nurse bank manager, said: "This new programme will involve around 230,000 children in the NHSGGC area being vaccinated over a two month period over October and November each year.

"We already have a significant number of RNs registered with us, but we are appealing to others to come forward.

"Staff must be available to attend one of the training dates being scheduled for September, which includes information about the background to the programme, vaccines to be administered and administration and distribution of the PGDs (Patient Group Directions)



which will be used.

"RNs must then commit to working one to two shifts per week during school hours throughout these two months."

Staff interested, available and registered with the Nurse Bank, should email Jean at: [jean.stevenson@ggc.scot.nhs.uk](mailto:jean.stevenson@ggc.scot.nhs.uk) with your availability for September, October and

November.

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Those who would like to register with the Staff Bank visit StaffNet and download an Internal Application Form – StaffNet > Human Resources > Resourcing and Recruitment > NHSGGC Bank Staff > NHS Greater Glasgow and Clyde Nursing & Midwifery Bank

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## Patient stories volume two

OUR patient stories library was created to gain an insight into how our patients and carers feel about the care they receive and allow us to use that information to improve services.

We have now launched volume two of the patient stories which includes interviews with two patients and two carers.

Each story has an agreed action plan including local and corporate actions. These will trail each film through the system should viewers wish to know what we are doing

to address the comments, concerns and feedback that were raised.

Rory Farrelly, acute services nurse director, said: "This library of patient stories is creating channels for patients and carers to give us feedback on our services. It incorporates views of varying scenarios about our care from right across acute services.

"I would encourage staff to watch these interviews and embrace the issues that patients and carers are telling us are important to them.

"Staff can also give their feedback on what

they think of the issues raised in these films."

This second cohort of DVDs have been widely distributed across acute services and is also available on StaffNet > Info Centre > Better Together Programme > Patient Stories Programme

For further information about the patient stories



Tommy Whitelaw cared for his mum and features in the DVD

library, email: [Dan.Harley@ggc.scot.nhs.uk](mailto:Dan.Harley@ggc.scot.nhs.uk) or [Daniel.Harley@nhs.net](mailto:Daniel.Harley@nhs.net).

# Clinical services review update

THERE has been a huge amount of work taken forward by the clinically led groups and patient reference groups since the Clinical Services Review (CSR) process got underway last year. There is wide agreement about the reasons why we need to change the way we deliver our services and there is a clear vision from our patient groups about what they want services to deliver in the future – beyond 2015 and toward 2020.

The clinical groups and reference groups have also agreed that there needs to be a stronger interface

between hospital and community services and are now carrying on with the detail of what that interface might practically look like and how it could best be delivered and resourced.

The enthusiasm and innovative thinking by our staff and our patients and other stakeholders in creating this road-map for service development in the future is to be commended. A summary newsletter is available via the link below and a more detailed paper on progress to date has been posted on the FTFT section of StaffNet.

While there is a lot of detailed thinking and engagement still to be taken forward, it is recommended staff take some time to read the CSR summary update newsletter and continue to feed in their views and ideas.

Click on the following link to view the latest newsletter:

<http://library.nhs.uk/mediaAssets/CSR%20-%20Fit%20For%20The%20Future/Clinical%20Services%20Review%20Emerging%20Service%20Models%20Summary%20Leaflet.pdf>

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# Staff reap the benefits of the Credit Union

YOUR record breaking Credit Union has issued loans totalling £1,120,450 in just two months.

Hundreds of staff have felt the benefits of a new loan deal launched at the beginning of April which has seen the number of members taking out loans soar from 653 to 923. That surge has taken the total value of loans issued to members since the Credit Union was formed in 1998 over the £40 million mark.

That is a 30 per cent increase in the number of loans issued compared to the same period last year.

The last two months has also seen an increase in membership with 323 new members joining, taking the total membership to over 9100.

General manager Robert Kelly said it was a “fantastic” performance. He added: “We cut interest payments for members and made it easier for them

to access the financial help we can offer.

“Since the campaign began, our loan arrangers have been rushed off their feet. In just two months, 923 members have taken out a loan with us – and there is no reason why that figure won’t keep growing.

“However, we may have made it easier for people to access a loan, but our funding principle remains the same... nobody will be allowed to take a loan with us if they can’t afford the repayments.”

The successes come as the institution joins forces with the country’s largest trade union, Unison, in a drive to help vulnerable families avoid the pitfalls of pay-day loans.

The NHS Credit Union offers financial services to NHS staff in every health board in Scotland and the north of England.



Robert Kelly



Why don't you join today? For more information, visit:

[www.nhscreditunion.com](http://www.nhscreditunion.com) or tel: 0141 445 0022.



# The NHS Credit Union

be part of our family

# Bold crackdown on payday loans

NHSGGC has launched a crackdown on payday loan companies by banning access to them from our computer systems.

It is a bold move we are taking but together with the NHS Credit Union we are determined to promote responsible lending and saving to both staff as well as patients.

Dedicated advice and support is now available to all our staff so that should they experience financial difficulty they have somewhere to turn to.

The support offered to staff very much includes encouraging them and their families to become members of the NHS Credit Union which is one of the most trusted and secure ways to save and receive loans with no hidden penalties – unlike many doorstep or payday loans companies.

Robert Kelly, general manager of the NHS Credit Union, said: "It is excellent to see such a large public sector organisation taking a lead in this field and I am very hopeful that the private sector will now follow suit.

"As one of Scotland's fastest-growing financial institutions we don't just offer our services to NHS staff but also to their families as well. Through our long standing partnership with NHSGGC we are very keen to attract young members and are determined to create a whole new culture of learning how to handle finances responsibly and ethically."

Dr Noreen Shield's, corporate inequalities officer, said: "We know that financial worries, debt and poverty are key determinants to ill health, both physically and mentally. These issues are affecting almost every aspect of people's lives, having a damaging impact on their work and home lives, family relationships and health.

"We are acutely aware that many thousands of our patients experience this kind of distress and in addition to the dedicated financial support we have in place for staff we have also developed a range of measures to support patients who have money worries."



## Support for staff with money worries

NHSGGC has a number of resources to support staff who may be experiencing money and debt problems.

Money Advice Cards are available from all main sites in a handy credit card size and include telephone numbers for help with money and debt management, work-life balance; employee support and staff benefits.



You can also find more information on financial issues, at: [www.equalitiesinhealth.org/moneyworries](http://www.equalitiesinhealth.org/moneyworries)

## NHS Credit Union

THE NHS Credit Union strive to make your financial life a little bit easier and offers a unique service to NHS employees.

The Credit Union gives staff the opportunity to access a loan, with no hidden penalties, or save money. A new initiative has also cut interest rates making it easier to access financial help.



For more information on their services, visit: [www.nhscreditunion.com](http://www.nhscreditunion.com) or tel: 0141 445 0022.

# Join the Commonwealth Games Legacy



MOST of us can only dream of the thrill of competing in an event such as the Commonwealth Games.

But few of us won't want to get involved in some active way in the build up to the Glasgow Games in 2015. So how about this for a substitute to running the real race: Get yourself a pedometer and take part in the 2013 Pedometer

Challenge by taking a "virtual walk" around all of the Glasgow Games sporting venues.

Those taking part have six weeks to complete the course which covers more than 230 miles.

The challenge is organised under the umbrella of the Joint Staff Health Strategy and runs from August 19 to September 29.

Debbie Nelson, staff health strategy co-ordinator for Healthy Working Lives, Greater Glasgow and Clyde, said:

"This is a fantastic opportunity for both our

NHS staff and Council colleagues to take part in the Commonwealth Games Legacy Challenge.

"I hope the fact that this huge sporting event is being held in Scotland will inspire people to make a commitment, no matter how large or small, to keeping active after the challenge is over.

"This challenge is for everyone, regardless of their level of fitness."

Prizes will be awarded to teams which have the highest weekly step count total, best team name and highest step count at

the end of the challenge.

Signing up is easy: staff should organise themselves into teams of five, choose a fun name, and register their interest by emailing: [pedometer.challenge2013@ggc.scot.nhs.uk](mailto:pedometer.challenge2013@ggc.scot.nhs.uk) or tel: 0141 201 4876.



Opening ceremony – Celtic Park

0.3 miles



Glasgow Green Hockey Centre

3.2 miles



3.2 miles



Ibrox Stadium



2.3 miles



Sir Chris Hoy Velodrome

1.2 miles



Cathkin Braes Country Park

6.4 miles



SECC Precinct



1.1 mile



Tollcross Park Leisure Centre

90.5 miles



Strathclyde Country Park

44.4 miles



Scotstoun Leisure Centre



8.3 miles



2.8 miles



Kelvingrove Park Bowls Centre



Barry Buddon Shooting Centre



73 miles



Royal Commonwealth Pool



Closing ceremony – Hampden Park

# Win £250 of Greaves Sports vouchers



The staff lottery Appeals Society have generously sponsored this month's SN competition.

The staff lottery is open to all employees. Chances cost 35p if you are paid weekly and £1.50 if you are paid monthly. The money, deducted automatically from your salary, goes directly to funding the prize draw and funding for staff and patient amenities.

The staff lottery Appeals Society also gives staff the opportunity to bid for funds for a wide range of amenities that benefit staff and/or Appeals Society.

If you are interested in

joining the staff lottery, visit: StaffNet > Info Centre > Appeals Society or tel: 0141 211 5885.

In keeping with our commonwealth games sport theme, we are giving away £250 of Greaves Sports vouchers.

Simply answer the question about our pedometer challenge (featured on page 7) and email your answer, along with your name and work location, to: [Staffnewsletter@ggc.scot.nhs.uk](mailto:Staffnewsletter@ggc.scot.nhs.uk) or send to Corporate Communications, JB Russell House, Gartnavel

Campus, 1055 Great Western Road, Glasgow G12 OXH.

**Question: According to the map on page 7, how many miles are there between the Glasgow Commonwealth Games venues?**

T&C: The competition is open to all NHSGGC employees. Only one entry per person. Winners must be available for a photograph which may be printed with their details in future issues of SN. The closing date is 31 July 2013.



## Call for nominations for SHIL Innovation Award

Do you have an idea for, or are you already working on developing, an innovation that could improve patient care?

Or do you know somebody that is?

Then Scottish Health Innovations Ltd (SHIL) wants to hear from you!

We are always looking for innovative ideas to take forward to become commercial realities and right now we are specifically looking for new ideas that could be candidates for the 2014 SHIL Innovation Award.

This prestigious award recognises the person/people responsible for what we feel is the most innovative idea of the year. Innovations can be diverse and from any field of healthcare.

Ideas can be submitted via an online form, visit: [www.shil.co.uk](http://www.shil.co.uk).



## New Stobhill health walk

Staff at the New Stobhill Hospital are launching a 30 minute lunchtime walk on Monday 15 July.

Our special 'healthy' edition of staff newsletter issued in January discussed all the health benefits that just 30 minutes of physical activity a day can achieve.

The walk at the New Stobhill is open to everyone – staff, patients, carers and visitors.

If you are interested in joining the group, simply meet at the desk outside the patient information centre at Stobhill.