

Smoking Cessation in NHS Glasgow**Date**

2004

Location

Citywide

Key Partners

Community pharmacies,
LHCCs, maternity
hospitals, secondary care

Contact

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Summary of project and achievements**Smoking Cessation in the Community****Pharmacy Service – (known as “Starting Fresh”)**

Over 150 pharmacies provide 1:1 support in conjunction with nicotine replacement therapy (NRT) for up to 12 weeks. Pharmacy directly provides NRT – no need for client to go to GP. No cost involved if client does not pay for prescriptions. Pharmacy maintains register for duration of time clients attend.

Intensive Group Support (LHCCs)

15 LHCCs provide intensive group support. Clients register with a local contact in their area. Clients attend group for 7 weeks and are given a form to take to one of the Starting Fresh pharmacies for NRT product. After week 7 clients may continue to attend the pharmacy for NRT and receive 1:1 support for further 7 weeks.

Smoking Cessation for Pregnant Women (“breathe” Project)

Service launched in April 2003. Offers 1:1 smoking cessation support to pregnant women in Glasgow’s 3 maternity hospitals by specially trained midwives. Service operates on an opt-out basis following recording of expired carbon monoxide level. A risk benefit analysis of women carried out and nicotine replacement therapy made available if appropriate through patient group direction.

Secondary Care

Pilot launched at Southern General Hospital Dec.’04. Clients who want to give up smoking seen by smoking cessation adviser and provided with NRT. Referral made to key contact in LHCC to continue support for approx. 4 sessions. NRT and further support thereafter from a Starting Fresh pharmacy.