

Appendix 1



GLASGOW HEALTH AND WELLBEING QUESTIONNAIRE

9,246 pupil questionnaires have been used to provide the results below. Where appropriate N (the number of valid responses) has been provided. Where the question asked pupils to provide more than one response N is given for each of the question elements. Percentages are given for each question.

YOUR SCHOOL

1 What secondary school do you go to? N=9,246

School	Percent	School	Percent
All Saints	5.0	Lochend	3.2
Bannerman	4.6	Lourdes	4.8
Bellahouston	3.9	Notre Dame	3.8
Castlemilk	1.7	Rosshall	4.8
Cleveden	3.9	Shawlands	2.6
Eastbank	4.5	Smithycroft	2.6
Glasgow Gaelic	0.3	Springburn	4.1
Govan	2.9	St Andrew's	5.8
Hillhead	4.1	St Margaret Mary's	1.7
Holyrood	6.6	St Mungo's	2.7
Hyndland	4.2	St Paul's	2.5
John Paul	3.6	St Roch's	1.8
King's Park	3.4	St Thomas Aquinas	4.0
Knightswood	5.3	Whitehill	1.7

2 Which primary school did you go to? 9,051 responses

3 How old are you? N=9,246

Age	Percent
11	1.0
12	22.2
13	25.7
14	26.5
15	22.6
16	1.9
17	0.1

4 What year group are you in? N=9,246

PLEASE TICK ONE BOX ONLY

S1	S2	S3	S4
25.0	26.0	26.1	23.0

HOW DO YOU FEEL?






- 5 How have you felt about yourself in general, over the last year? N=9,133**
PLEASE TICK ONE BOX ONLY

				
33.9	43.2	18.1	3.2	1.7

- 6 How much control do you have over the way your life is going in general? N=9,034**
PLEASE TICK ONE BOX ONLY

None	A little	Some	A lot
1.9	9.7	45.9	42.5

- 7 How have you felt, about your health in general, over the last year? N=9,023**
PLEASE TICK ONE BOX ONLY

				
34.1	39.9	19.7	4.3	1.9

- 8 Here are some descriptions of feelings. Thinking about the last month, please say whether you have felt this way most of the time, sometimes or never.**

PLEASE TICK ONE BOX FOR EACH STATEMENT

	Most of the time	Sometimes	Never	N
a) I've felt too tired to do things	10.4	72.4	17.2	9,035
b) I've had trouble getting to sleep	10.6	40.5	48.9	9,014
c) I've had trouble staying asleep	5.9	23.5	70.6	8,957
d) I've felt unhappy, sad or depressed	6.7	47.6	45.7	8,977
e) I've felt hopeless about the future	5.6	28.9	65.5	8,940
f) I've felt tense or nervous	8.0	61.0	31.0	8,958
g) I've worried too much about things	18.2	50.2	31.6	9,026

9 How much do you agree with the following?
PLEASE TICK ONE BOX FOR EACH STATEMENT

	Strongly disagree	Disagree	Agree	Strongly agree	N
a) I am pretty sure about myself	2.0	11.1	65.4	21.5	8,948
b) I often wish I was someone else	39.9	34.4	18.9	6.7	8,961
c) I am easy to like	2.7	12.3	68.7	16.3	8,883
d) I have a low opinion of myself	26.5	44.7	23.0	5.8	8,867
e) I am a failure	55.2	35.5	6.4	3.0	8,889
f) There are lots of things about myself that I would like to change	15.9	33.4	35.8	14.9	8,898
g) I am able to do things well	2.1	8.1	65.2	24.6	8,965
h) Most of the time I am, satisfied with myself	2.9	15.3	61.0	20.8	8,895
i) I have a number of good qualities	2.1	9.5	60.5	27.9	8,898
j) I like myself	4.1	11.7	52.2	32.0	8,901

10a Which, if any, of these things do you worry about? N = 8,475
PLEASE TICK ALL THAT APPLY

School	41.5	Family rows	30.7	Your health	31.8
Being bullied	17.7	Feeling different	17.3	Friends	29.8
Money problems	20.4	Relationship with parents	20.5	Skin problems	17.0
Racism	9.3	Drugs	13.9	Brothers / sisters	24.0
The way I look	39.4	Getting a job	27.8	Fear of violence / gangs	21.8
Boyfriend/Girlfriend	24.0	Drinking	14.1	Family health problems	20.3
Exams	60.2	Gossip	14.1	The future	34.7
Loneliness	14.5	Being called gay	9.6	Sexual harassment	10.5
Other	4.6	I have no worries at the moment	8.0		

10b Which one do you worry about the most? N=6,437

PLEASE TICK ONE ONLY

School	7.3	Family rows	6.7	Your health	4.8
Being bullied	3.3	Feeling different	0.7	Friends	1.9
Money problems	1.9	Relationship with parents	2.6	Skin problems	1.6
Racism	1.1	Drugs	1.8	Brothers / sisters	2.3
The way I look	8.6	Getting a job	3.4	Fear of violence / gangs	3.5
Boyfriend/Girlfriend	3.7	Drinking	0.7	Family health problems	5.3
Exams	26.1	Gossip	0.5	The future	7.1
Loneliness	1.1	Being called gay	0.9	Sexual harassment	1.2
Other	1.8				

11a Is there anyone you can talk to and trust about personal things or worries? N=8,598

PLEASE TICK ONE BOX ONLY

Yes	85.5	No	14.5
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11b Who, if any, of the following do you talk to and trust about personal things or worries? N= 7,796

PLEASE TICK ALL THAT APPLY

Friends	69.5	Teachers	8.9
Parents / guardians	65.5	Neighbours	2.8
Other family members	43.7	Others	9.5

12 Have you been bullied in this school in the past year? N=9,022

PLEASE TICK ONE BOX ONLY

Yes	13.1	No	86.9
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13 Do you ever feel afraid of going to school because of bullying? N=9,092

PLEASE TICK ONE BOX ONLY

Never	Sometimes	Often	Very Often
84.2	12.9	1.4	1.5

- 14 Have you bullied or frightened someone in this school in the past year?
N=9,068
PLEASE TICK ONE BOX ONLY**

Never	Sometimes	Often	Very Often
80.1	16.4	2.1	1.5

- 15 Have any of these things happened to you because of your skin colour in the past year? N=7,690
PLEASE TICK ALL THAT APPLY**

I have been hit or beaten up	2.4
I have been called names	10.7
I have been picked on	4.1
I have been treated differently to others (eg not chosen for something)	4.5
Other (PLEASE WRITE IN WHAT HAPPENED)	2.7
None of the above	85.6

- 16 Have any of these things happened to you because of your religion in the past year? N=7,573
PLEASE TICK ALL THAT APPLY**

I have been hit or beaten up	1.2
I have been called names	5.9
I have been picked on	2.5
I have been treated differently to others (eg not chosen for something)	2.4
Other (PLEASE WRITE IN WHAT HAPPENED)	1.4
None of the above	91.6

ILLNESS & DISABILITY

- 17 Do you have any illness or disability that is likely to go on for a long time? N=8,745
PLEASE TICK ONE BOX ONLY**

Yes	21.9	No	78.1
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18 What is your illness or disability? N=2,054

PLEASE TICK ALL THAT APPLY

Asthma	53.3	Epilepsy	2.3
Diabetes	3.0	Injury (eg broken bones)	5.4
Dyslexia	8.9	Painful joints	10.2
Eczema	21.0	Physical disability	4.0
Other	493 responses		

19 Does this illness or disability limit what you can do? N=1,984

PLEASE TICK ONE BOX ONLY

No	42.3	Yes – in what way(s)?	57.7
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20 Have any of these things happened to you because you have a disability in the past year? N=1,822

PLEASE TICK ALL THAT APPLY

I have been hit or beaten up	2.6
I have been called names	10.3
I have been picked on	5.6
I have been treated differently to others (eg not chosen for something)	6.0
Other (PLEASE WRITE IN WHAT HAPPENED)	2.1
None of the above	84.7

ABOUT YOUR TEETH

21 How many times did you clean your teeth yesterday? N=9,119

PLEASE TICK ONE BOX ONLY

Not at all	Once	Twice	3 times or more
3.5	19.3	62.6	14.6

22 When did you last go to the dentist? N=9,027

PLEASE TICK ONE BOX ONLY

Within the last 6 months	6–12 months ago	More than 12 months ago	Never	Can't remember
64.9	13.3	3.3	0.8	17.7

PHYSICAL ACTIVITY

- 23 How do you usually travel to school? (most days) N=8,337**
PLEASE TICK ONE BOX ONLY

Walk	48.6	Train	2.8
Cycle	0.2	Car	19.8
Bus	26.6	Other	2.1

- 24 If you go to school by car, how many other children at your school are usually in the car as well? N=2,560**

IF YOU DO NOT GO TO SCHOOL BY CAR, PLEASE GO TO Q25

PLEASE WRITE THE NUMBER OF CHILDREN TRAVELLING IN THE CAR

Number of children	Percent
0	44.6
1	17.4
2	18.3
3	11.0
4	4.0
5	1.0
6	0.5
7	0.1
8 or more	3.1

- 25 How many days in the past week (if any) did you walk, cycle or skate to or from school? N=8,944**

PLEASE TICK ONE BOX ONLY

None	1	2	3	4	Every day
33.2	5.7	5.2	4.6	3.7	47.7

- 26 Do you own a bicycle? N=9,091**

PLEASE TICK ONE BOX ONLY

Yes	71.2	No	28.8
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- 27 How long does it take you to travel to school (one way)? N=9,039**

PLEASE TICK ONE BOX ONLY

Less than 5 minutes	13.9
At least 5 minutes but less than 15 minutes	34.1
At least 15 minutes but less than half an hour	36.0
Half an hour or longer	16.0

28 If you had the choice how would you prefer to travel to school? N=8,641
PLEASE TICK ONE BOX ONLY

Walk	41.3	Train	3.2
Cycle	10.4	Car	31.5
Bus	8.9	Other	4.7

29 Including activities done at school and outside school, how many times a week do you take part in sport, exercise or physical activity that makes you breathe harder or sweat a bit? N=8,992
PLEASE TICK ONE BOX ONLY

Never	7.8	Once	9.4	Twice	21.8	3 times	21.4	4 times or more	39.6
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30 On average how long do each of these periods of activity last? N=8,468
PLEASE TICK ONE BOX ONLY

Less than 10 mins	11–20 mins	21–30 mins	More than 30 mins
2.2	4.8	9.2	83.8

31 Do you take part in any sport, exercise or physical activity in your spare time (that is, outside of school PE lessons)? N=8,611
PLEASE TICK ONE BOX ONLY

Yes	75.5	No	24.5
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32 Generally speaking, how often do you do sport / exercise in your spare time? N=6,448

33 PLEASE TICK ONE BOX ONLY

Once a week or less	Twice a week	Three times a week	Four times a week or more
12.7	26.7	22.8	37.7

YOUR DIET

33 Did you eat breakfast this morning? N=9,077
PLEASE TICK ONE BOX ONLY

Yes	70.8	No	29.2
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34 Where did you eat your breakfast? N=6,337

PLEASE TICK ONE BOX ONLY

At home	92.3	In the street	3.6
In the school canteen	1.8	Somewhere else	2.3

35 What did you have for your breakfast this morning? N=6,454

PLEASE TICK ALL THAT APPLY

A drink	31.5	Sweets	2.0
Cereal (including porridge)	53.6	Crisps	2.3
Toast or bread	35.0	Other	15.5
Cooked breakfast	8.5		

36 Did you eat anything at lunchtime yesterday? (If you were not at school yesterday, please think about the last day you were at school.) N=9,032

PLEASE TICK ONE BOX ONLY

Yes	91.0	No	9.0
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37 Where did you eat lunch yesterday? (or the last day you were at school) N=8,120

PLEASE TICK ONE BOX ONLY

In the school canteen	30.1	At home	9.6
In the school playground	3.9	In the street	32.5
Somewhere else in the school	5.7	Somewhere else	18.1

38 What did you have for lunch yesterday? (or the last day you were at school) N=8,309

PLEASE TICK ALL THAT APPLY

Standard meal (eg meat, vegetable, potatoes)	4.4	Pasta / Salad	5.7
Sandwich / filled roll	44.5	Soup	10.5
Snack meal (eg burger, hot-dog, chips)	22.5	Sweets / crisps	17.2
Something else	23.2		

- 39 What drink or drinks did you have during lunch time yesterday? (or the last day you were at school) N=8,329**
PLEASE TICK ALL THAT APPLY

Nothing to drink	3.4	Juice drink (eg Ribena, Oasis, Sunny Delight)	12.2
Fizzy Drink (eg regular Irn Bru)	39.0	Milk (full fat)	1.7
Diet Fizzy Drink	7.3	Milk (low fat, eg semi-skimmed / skimmed)	4.9
Water	32.5	Tea / Coffee	1.6
Fruit juice	13.8	Something else	4.2

- 40 How many portions of fruit did you eat yesterday? N=8,793**
(A portion of fruit would be something like 1 banana or 1 apple or 1 slice of melon or 2 satsumas. A glass of fruit juice also counts as one portion)

Portions	Percent
0	25.3
1 to 4	67.2
5 or more	7.5

- 41 How many portions of vegetable or salad (not potatoes) did you eat yesterday? N=8,670**
(A portion of vegetables would be something like a large spoonful of carrots or baked beans and includes fresh, frozen or tinned vegetables)

Portions	Percent
0	32.6
1 to 4	62.2
5 or more	5.2

SMOKING

- 42 Which of the following best describes you? N=8,919**
PLEASE TICK ONE BOX ONLY

I have never tried smoking	60.7	} GO TO Q49
I have only tried smoking once or twice	23.0	
I used to smoke but I have given up	6.6	
I smoke some days	3.8	} GO TO Q43
I smoke every day	5.9	

- 43 If you smoke every day, please write in the number of cigarettes you smoke in an average day. N=512**
PLEASE WRITE IN THE BOX

Number per day	Percent
Up to 5	17.4
6 to 10	47.9
11 to 15	14.5
16 to 20	13.5
21+	6.8

- If you smoke some days, please write in the number of cigarettes you smoke in an average week. N=318**
PLEASE WRITE IN THE BOX

Number per day	Percent
Up to 5	53.5
6 to 10	22.6
11 to 15	6.3
16 to 20	7.9
21+	9.7

- 44 How old were you when you had your first puff of a cigarette? N=1,867**
PLEASE WRITE IN THE BOX

Age (years)	Percent
Pre-primary (1–4)	3.7
Primary (5–11)	48.6
Secondary (12–16)	47.6

- 45 Where do you usually get your cigarettes from? N=1,676**
PLEASE TICK ALL THAT APPLY

I buy them from shop	43.4	I ask someone I don't know to buy them	10.3
I buy them from people I know	4.4	I take them from a family member without their knowledge	7.3
I buy them from a machine	2.2	A friend gives them to me	19.9
A friend, who is my age, buys them	11.2	Other	22.7
A friend, who is older than me, buys them	13.7		

46 How much do you usually spend on cigarettes in an average week? N=837
PLEASE TICK ONE BOX ONLY

Less than £5	27.2
Between £5–£10	22.2
Between £11 and £15	15.3
Between £16 and £20	10.5
£21 or more	11.4
Nothing	13.4

47 Where do you get the money to buy cigarettes? N=768
PLEASE TICK ALL THAT APPLY

Pocket money	56.4	I use my dinner money	18.8
Wages from a part-time job	11.2	I steal it	6.0
From my parents / guardian	40.4	Other	6.5
From my brothers/ sisters	8.1		
From another family member	8.6		

48 Would you like to stop smoking? N=833
PLEASE TICK ONE BOX ONLY

Yes	40.7	Possibly	41.3	No	18.0
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49 Does anyone in your home smoke? N=8,708
PLEASE TICK ONE BOX ONLY

Yes	58.7	No	41.3
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50 Do any of your friends smoke? N=8,671
PLEASE TICK ONE BOX ONLY

Yes	54.0	No	46.0
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DRINKING ALCOHOL

51 How often do you drink alcohol? N=8,877

PLEASE TICK ONE BOX ONLY

Never	46.5	<i>GO TO Q55 AND READ PARAGRAPH</i>
Once a week or more	15.9	}
Every 1 – 2 weeks	7.7	
Every 3 – 4 weeks	5.5	
Once every 2 – 3 months	6.8	
Less often (once or twice a year)	17.6	

GO TO Q52

52 Which of the following do you drink? N=4,802

PLEASE TICK ALL THAT APPLY

Beer / Lager / Cider	51.0
Shandy (lemonade and beer)	12.2
Alcohol fizzy drinks or Alcopops (WKD, Bacardi Breezers)	44.6
Wine (Red, White, Rose)	17.1
Spirits (Vodka, Whisky)	46.8
Fortified wine / sherry (Buckfast, Martini)	31.3
Other	13.2

53 How often would you say you get drunk? N=4,754

PLEASE TICK ONE BOX ONLY

Never or rarely	48.8	Twice a week	10.7
Once or twice a month	15.2	Most days	2.8
Once a week	13.4	Don't know	9.1

54 How much do usually spend on alcohol per week? N=4,684

PLEASE TICK ONE BOX ONLY

Nothing	46.6	£11 – £15	7.5
Under £2	4.1	£16 – £20	2.9
£2 – £5	15.8	More than £20	3.1
£6 – £10	20.0		

DRUGS

PLEASE READ THIS FIRST

We would now like to ask you some questions about drugs. By drugs we mean those that are not available in the shops or prescribed from a doctor (ie non prescription drugs). We are also interested in things that can be misused such as solvents and glue.

All information you provide will be kept anonymously and treated confidentially. The police will not be informed of any responses to this survey. It is used to plan NHS services.

55 Have you ever taken non-prescription drugs? N=8,871

PLEASE TICK ONE BOX ONLY

Yes	16.5	No	83.5
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56 Which, if any, of these drugs have you taken in the last year? N=1,582 (percentages given are of those who reported any drug use in the last year).

PLEASE TICK ALL THAT APPLY

Cannabis (Marijuana, dope, hash, blow, joints, wacky baccy)	79.6
Gas, glue or other solvents (Tipp-Ex, lighter fuel, aerosols to inhale or sniff)	9.1
Amphetamines (Speed, Whizz, Sulph)	6.3
LSD (acid, tabs, trips)	3.6
Ecstasy (E, Eccies, XTC)	27.4
Poppers (Amyl Nitrates, Liquid Gold, Rush)	7.0
Tranquillisers (Downers, Jellies, Valium, Temazapan, Eggs)	3.0
Heroin (Smack, Skag, Gear, H)	3.5
Magic Mushrooms (Shrooms)	3.7
Methadone (Linctus, Physeptone, Meth)	1.3
Crack (Rock, Stone)	2.5
Cocaine (Coke, Charlie, C)	15.8
Anabolic Steroids (Roids)	1.5
Other drugs that would not be given to you by a doctor or chemist	15.7
None in the last year	-

SERVICES FOR YOUNG PEOPLE

- 57 Do you go to a local youth club or centre? N=8,794**
PLEASE TICK ONE BOX ONLY

Yes	32.2	} GO TO Q59
No – I don't know of one that I could go to	35.9	
No – but I know of one that I could go to	31.8	GO TO Q58

- 58 Is there anything stopping you, or putting you off going to a youth club or centre?**
PLEASE WRITE IN THE BOX

3,621 responses

- 59 Are you aware of a health service in or near to your school that is for young people only? N=8,095**
PLEASE TICK ONE BOX ONLY

No	89.4	Yes –PLEASE WRITE IN ITS NAME	10.6
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- 60 Have you heard of ChildLine? N=8,879**
PLEASE TICK ONE BOX ONLY

No	5.6
Yes, and I would phone ChildLine if I needed to	55.9
Yes, but I would not phone ChildLine even if I needed to	38.5

- 61 Have you heard of the Sandyford Initiative? N=8,894**
PLEASE TICK ONE BOX ONLY

Yes	7.5	No	92.5
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- 62 Please say in one sentence what you think Sandyford provides?**
PLEASE WRITE IN THE BOX

1,101 responses

- 63 Have you heard of The Place at Sandyford? N=8,869**
PLEASE TICK ONE BOX ONLY

Yes	4.2	No	95.8
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- 64 Please say in one sentence what you think The Place at Sandyford provides?**
PLEASE WRITE IN THE BOX

690 responses

- 65 Do you currently hold a Glasgow Young Scot Card? N=9,006**
PLEASE TICK ONE BOX ONLY

Yes	79.2	No	20.8
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- 66 Have you used it for any of the following activities? N=7,040**
PLEASE TICK ALL THAT APPLY

Free Swimming	78.6	Glasgow Film Theatre / Cinema	27.4
Holiday Programme Activities	10.2	Discounts in shops	26.4
First Bus 'Get Around for a £1' (Summer Promotion)	19.8	Discounts in Leisure Centres	27.2
Fuelzone / healthy eating points	49.6	Other	5.8
Borrowed books / CDs or DVDs	16.7	None of these	7.9
Science Centre	11.4		

- 67 Have you been to any of the following in the last year? N=8,879**
PLEASE TICK ALL THAT APPLY

Museum	38.5	Sports Centre	74.1
Library	49.8	Community Centre	28.8
None of these	10.6		

- 68 Which one facility do you visit most often? N=7,343**
PLEASE TICK ONE BOX ONLY

Museum	5.8	Sports Centre	67.9
Library	17.7	Community Centre	8.6

- 69 How often do you go to the swimming pool? N=8,847**
PLEASE TICK ONE BOX ONLY

Once a week or more	19.7	Once every 2 – 3 months	20.0
Every 1 – 2 weeks	12.2	Less often (one or twice a year)	20.0
Every 3 – 4 weeks	13.4	Never	14.7

70 Can you swim? N=8,252
PLEASE TICK ONE BOX ONLY

Yes	92.5	No	7.5
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BEHAVIOUR

71 Which, if any, of these things have you done in the last year? N=8,597
PLEASE TICK ALL THAT APPLY

Dogging / missing / skipping school	27.6	Carrying a weapon in school	2.4
Shoplifting	6.4	Drug dealing	2.2
Fighting someone	28.2	Vandalising others' property/graffiti	17.1
Gang fighting	13.5	Breaking into a school, shop, or another person's home	2.3
Threatening / bullying / harassing a person	7.7	None of these	51.4
Carrying a weapon outside school	8.1		

HOME

72 Do you have a computer at home? N=8,955
PLEASE TICK ONE BOX ONLY

Yes	92.7	No	7.3
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73 Are you allowed to use your computer at home? N=8,275
PLEASE TICK ONE BOX ONLY

Yes	99.0	No	1.0
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74 Do you have access to the internet at home? N=8,840
PLEASE TICK ONE BOX ONLY

Yes	83.6	No	16.4
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75 How long do you spend on a computer on an average day? N=9,237
PLEASE WRITE THE AVERAGE NUMBER OF HOURS IN THE BOX

Hours	Percent
0	15.3
1	21.0
2	23.7
3	15.1
4	9.4
5	6.0
6	9.6

76 Does anyone in your family have any of the following? N=8,720

PLEASE TICK ALL THAT APPLY

A disability	15.6
A long-term illness	13.1
A drug or alcohol problem	8.2
None of these	70.0

77 Do you ever look after or care for them? N=2,711

PLEASE TICK ONE BOX ONLY

Yes	52.3	No	47.7
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79 How, if at all, do your caring responsibilities affect you? N=1,341

PLEASE TICK ALL THAT APPLY

No effect at all	57.9	Helps me organise my time	7.2
Sometimes unable to do homework	18.0	Makes me tired	20.3
Sometimes miss school	9.5	It can be lonely	7.2
Sometimes get bullied at school	4.0	It makes me feel stressed	17.2
Makes it difficult to make friends	3.7	It makes me feel anxious	7.1
I can't join clubs	4.0	Other	5.6
Sometimes makes me late for school	8.5		

80 Do you have a part-time job? N=8,791

PLEASE TICK ONE BOX ONLY

Yes	15.3	No	84.7
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81 What job do you do? N=1,422

PLEASE TICK ALL THAT APPLY

Paper / Milk round	43.1	Gardening / car washing	6.5
Food outlet (eg serving food)	8.2	General delivery	4.9
Shop work / hairdressing junior	15.4	Other	28.4
Babysitting	17.7		

YOUR LIFE IN THE PAST

83 Have any of the following ever happened to you? N=8,742
PLEASE TICK ALL THAT APPLY

Your parents split up	35.3	} GO TO Q84
Someone close to you died	63.6	
You lived away from your parents	9.4	
You lived in care / foster care / home	1.7	
You lived between two or more homes	14.4	
You have been seriously ill	10.4	
Someone close to you was seriously ill	38.1	
The parent you live with got a new partner	19.5	
None of the above	18.2	GO TO Q86

84 Would you say that any of these events are bothering / having an effect on you at the moment? N=7,086
PLEASE TICK ONE BOX ONLY

Yes	28.9	No	71.1
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85. What effect is it / are they having on you?
PLEASE WRITE IN THE BOX

1,817 open responses

YOUR FUTURE

- 86 What do you hope to do as soon as you finish school (at the end of S4)?**
N=7,617
 PLEASE TICK ONE ONLY

Go to further education / college / stay at school	68.2
Take a gap year	1.9
Obtain training or join a training scheme	2.0
Get a job	16.1
Have a baby / look after my child(ren)	0.8
Don't know	7.5
Other	3.3

- 87 How likely do you think it is that you will be charged, fined or have a criminal record by the time you are 20? N=8,747**
 PLEASE TICK ONE BOX ONLY

Not likely	68.3	I have one already	6.7
Likely	6.2	Don't know	18.8

- 88 Do your parents / carers encourage you to do your best at school? N=8,848**
 PLEASE TICK ONE BOX ONLY

Yes	95.5	No	4.5
-----	------	----	-----

- 89 Do your parents / carers encourage you to think about your future (eg getting a job, going to college or university)? N=8,845**
 PLEASE TICK ONE BOX ONLY

Yes	91.7	No	8.3
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- 90 Does your school encourage you to do as well as you can? N=8,825**
 PLEASE TICK ONE BOX ONLY

Yes	90.2	No	9.8
-----	------	----	-----

- 91 How well do you think your school has prepared you for the future?**
N=8,743 PLEASE TICK ONE BOX ONLY

Very well	Fairly well	Not very well	Not at all well	Don't know
29.4	52.4	9.0	3.4	5.7

92 Have you done any of the following through school? N=9,246

PLEASE TICK ALL THAT APPLY

Work placement	14.7	CV (Curriculum Vitae) preparation	8.3
Careers guidance	22.3	Job search	14.6
Employer visits	6.7	Something else related to getting a job / working	12.9

93 What, if anything, could your school do better or differently to improve your health and happiness? N=8,170

PLEASE TICK ALL THAT APPLY

Provide nicer / healthier food in canteen	34.1	Provide support e.g. buddy or mentoring schemes	8.1
Teach personal, social, and health education (PSHE)	10.7	Encourage respect between teachers / staff and pupils	23.0
Have outside agencies / people teaching PSHE	7.2	Improve school buildings or grounds	26.9
Provide more choice in PE / longer PE sessions	46.8	Improve school corridors, classrooms or toilets	40.9
Tell us more about health issues, eg using posters or an assembly	12.6	Something else	6.0
Provide and encourage activities and clubs outside school hours	18.4	Nothing – it is fine as it is	19.7
Provide a drop-in centre where we can ask about health issues	12.2		

ABOUT YOU

94 Are you...? N=8,814

PLEASE TICK ONE BOX ONLY

Male	47.7	Female	52.3
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95 Which of these best describes you? N=8,416

PLEASE TICK ONE BOX ONLY

I live with my mum and dad	60.7	I live with my dad and his wife / partner	0.8
I spend some time living with my mum and some time living with my dad	8.5	I live with my grandparent(s)	1.7
I live with just my mum	15.6	I live with foster parents	0.3
I live with just my dad	2.0	I am in care	0.3
I live with my mum and her husband / partner	7.3	Other	2.9

96 To which of these groups do you consider you belong? N=8,241

PLEASE TICK ONE BOX IN ONE SECTION ONLY

a) White

Scottish	88.9
Other British	1.4
Irish	0.8
Other White background	1.7

b) Black, Black Scottish or Black British

Caribbean	0.0
African	1.0
Other Black background	0.3

c) Asian, Asian Scottish or Asian British

Indian	0.6
Pakistan	2.9
Bangladesh	0.1
Other Asian background	1.1
d) Other mixed background	0.6

e) Other ethnic background

Chinese	0.4
Other Ethnic background	0.1

97a Would you describe yourself as an Asylum Seeker? N=7,630

PLEASE TICK ONE BOX ONLY

Yes	3.6	No	96.4
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97b If you have come to Scotland from one of the following countries in the last three years, please tick which country? N=231

PLEASE TICK ONE BOX ONLY

Czech Republic	26.0	Lithuania	5.2
Estonia	3.0	Poland	33.8
Hungary	11.7	Slovakia	7.8
Latvia	5.6	Slovenia	6.9

98 What is your full postcode? 6,363 pupils provided a full postcode.

For example, if your postcode was G27 2LD
you would enter:

G	2	7		2	L	D	
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PLEASE WRITE IN THE BOXES

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THANK YOU FOR TAKING PART IN THIS SURVEY

Please place the completed questionnaire in
the envelope provided ready for collection.

Please hand it in to your supervisor when you
have completed it.

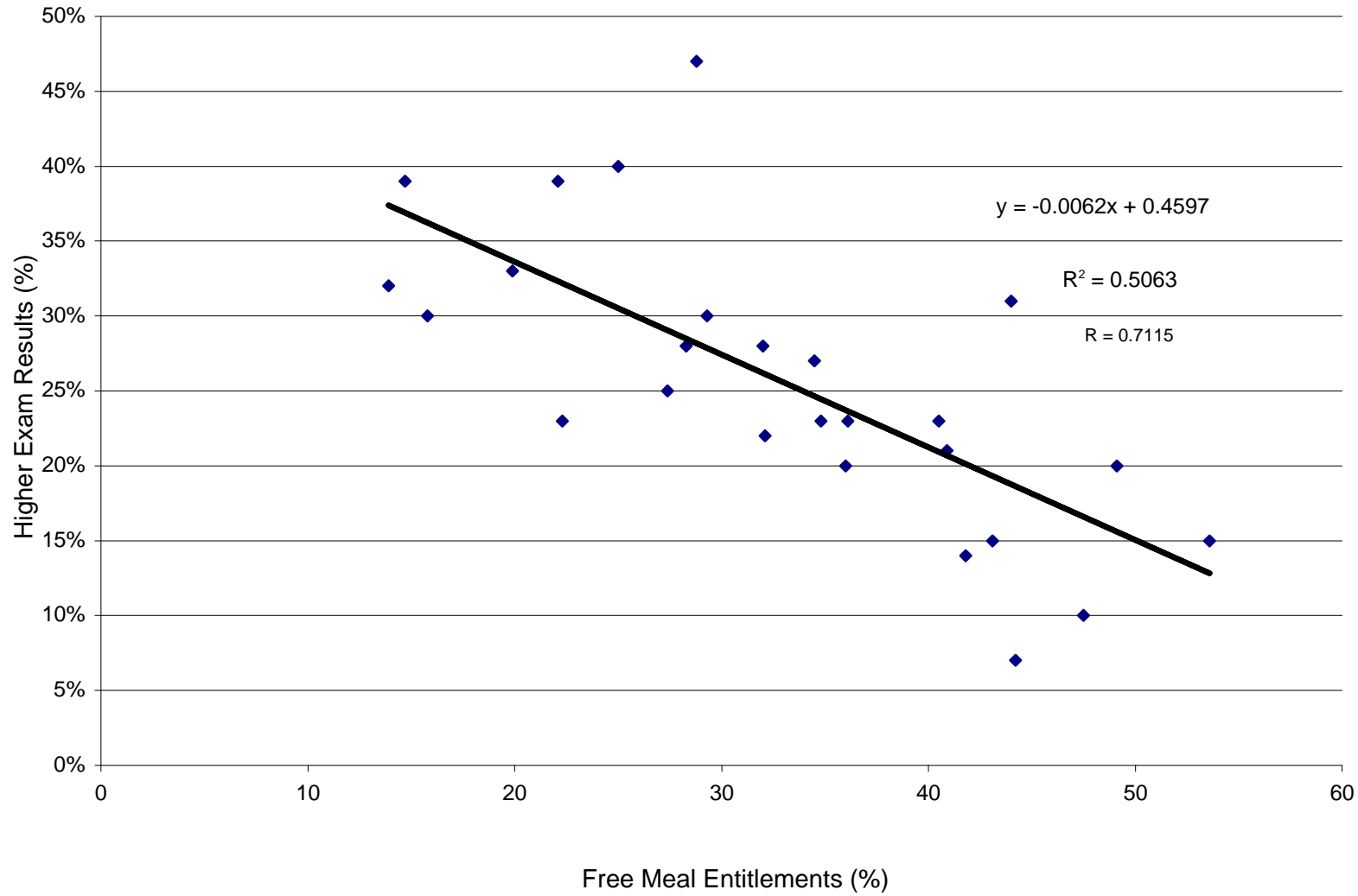
Appendix 2

Comparison of the pupil respondents across year levels with the Pupil Census Population 2006 for the 28 schools

Secondary School	Pupil respondents					Pupil population				
	S1	S2	S3	S4	Total	S1	S2	S3	S4	Total
All Saints	99	159	125	80	463	199	208	236	210	853
Bannerman High	91	115	125	90	421	267	266	273	274	1,080
Bellahouston Academy	98	100	74	91	362	205	151	75	189	704
Castlemilk	35	39	41	38	153	81	81	98	99	359
Cleveden	102	90	90	78	360	238	219	227	236	920
Eastbank Academy	110	109	103	91	413	221	261	256	240	978
Glasgow Gaelic	22	8	–	–	30	22	11	–	–	33
Govan High	43	102	61	66	271	75	68	92	121	356
Hillhead High	113	84	106	76	379	141	161	151	211	664
Holyrood	214	129	122	145	608	397	380	399	396	1572
Hyndland	126	104	79	82	391	180	180	180	182	722
John Paul Academy	83	91	80	77	330	120	149	147	130	546
King's Park	59	83	97	72	311	173	207	232	214	826
Knightswood	117	129	130	114	489	273	263	279	274	1089
Lochend Community High	83	70	87	57	297	125	142	175	137	579
Lourdes	86	120	149	93	448	234	231	268	262	995
Notre Dame High	81	91	90	87	349	144	149	148	144	585
Rosshall Academy	108	98	86	152	443	240	241	238	260	979
Shawlands Academy	50	42	50	102	242	208	237	236	243	924
Smithycroft	64	61	68	48	241	134	133	159	143	569
Springburn Academy	75	101	143	57	376	219	220	228	200	867
St Andrew's	128	156	144	104	531	311	322	325	292	1250
St Margaret Mary's	48	26	39	44	156	91	77	92	106	366
St Mungo's Academy	49	59	73	71	251	141	133	174	165	613
St Paul's High	71	58	53	48	230	167	148	146	136	597
St Roch's	38	38	47	39	160	106	129	146	142	523
St Thomas Aquinas	82	95	108	89	372	175	198	218	172	763
Whitehill	33	44	41	35	152	85	104	113	116	418

Appendix 3

Scatter diagram indicating the significant relationship between schools' proportions of pupils with Free Meal Entitlements and the proportion of pupils gaining at least one Higher for the 26 schools, d.f.= 24; $R = 0.388$ (5%) and 0.496 (1%)



Appendix 4

Glasgow Health and Wellbeing Study of Secondary School Pupils Preliminary Profile of Glasgow City Secondary Schools

Profile of the twenty-eight respondent secondary schools based on pupil proportions for Free Meal Entitlements, Fourth Year SCFQ Exam results and ethnic minorities. The table includes the pupil roll for S1-S4. (Note: Drumchapel is not included since it was the pilot school. Hillpark is not included because it was not prepared to take part.)

Secondary School	FME* (%)	Higher Exam Results in 05/06 (%)**	Ethnic Minorities (%)***	School roll (S1-S4) ****
All Saints	40.5	23	6	853
Bannerman	13.9	32	3	1,080
Bellahouston Academy	27.4	25	38	704
Castlemilk	49.1	20	3	359
Cleveden	34.5	27	13	920
Eastbank Academy	32.1	22	0.2	978
Glasgow Gaelic	Not given	Not given	–	33
Govan	44.2	7	3	356
Hillhead	32.0	28	23	664
Holyrood	22.1	39	15	1,572
Hyndland	14.7	39	6	722
John Paul Academy	36.1	23	1	546
King's Park	15.8	30	8	826
Knightswood	28.3	28	2	1,089
Lochend Community	47.5	10	0	579
Lourdes	19.9	33	4	995
Notre Dame	28.8	47	24	585
Rosshall Academy	22.3	23	3	979
Shawlands Academy	25.0	40	38	924
Smithycroft	40.9	21	1	569
Springburn Academy	43.1	15	2	867
St Andrew's	34.8	23	0.1	1,250
St Margaret Mary's	50.2	Missing	0.1	366
St Mungo's Academy	36.0	20	–	613
St Paul's	44.0	31	2	597
St Roch's	53.6	15	13	523
St Thomas Aquinas	29.3	30	9	763
Whitehill Secondary	41.8	14	3	418
TOTAL				20,730

* Free Meal Entitlements taken from Scottish Schools Online updated November 2006.

** Percentage of the S4 year group from the previous year achieving one or more awards at SCQF Level 6 (Higher) or better .

*** Estimate of the proportion of ethnic minorities is based on a denominator excluding pupils whose ethnicity is 'not known' and a numerator including 'White Other' and 'White UK' in the 2006 Census.

**** Pupil roll based on Scottish Schools Online updated November 2006.

Appendix 5: Significant differences by pupil worries

Key: - No significant difference

Sex: M–Males, F–Females

Stage: Ls–Lower sch, Us–Upper sch

Self-esteem: H–High SE, M–Medium SE, L–Low SE

Ethnicity: W–White, A–Asian, B–Black, Co–Chinese/others

Deprivation: Hd–High Deprivation Schs, Ld–Low Deprivation Schs

Worry	Sex		Stage		Self-esteem			CID		Ethnicity				Deprivation	
	M	F	Ls	Us	L	M	H	CID	Others	W	B	A	Co	Ld	Hd
School	34	48	33	49	56	41	30	46	40	-	-	-	-	45	39
Being bullied	14	20	24	12	25	16	12	24	15	-	-	-	-	-	-
Money problems	16	24	16	24	27	21	14	23	20	20	26	18	35	-	-
Racism	-	-	11	8	-	-	-	-	-	6	48	34	31	-	-
The way I look	23	54	-	-	62	37	24	47	38	41	30	28	44	-	-
Boyfriend /girlfriend	18	30	20	28	35	22	18	29	23	25	21	11	25	-	-
Exams	53	67	50	71	62	63	58	-	-	60	68	68	69	-	-
Loneliness	11	17	16	13	24	13	8	20	13	14	16	16	29	-	-
Family rows	23	38	29	33	42	30	23	37	29	-	-	-	-	-	-
Feeling different	12	22	19	15	31	15	8	24	15	-	-	-	-	-	-
Relationships with parents	13	27	18	23	31	19	13	26	19	-	-	-	-	-	-
Drugs	-	-	15	12	16	14	11	16	13	-	-	-	-	-	-
Getting a job	-	-	23	33	34	29	20	-	-	-	-	-	-	-	-
Drinking	12	16	-	-	18	13	10	18	13	14	14	6	7	-	-
Gossip	7	20	-	-	22	12	9	-	-	-	-	-	-	-	-
Being called gay	13	6	12	7	13	8	7	13	8	-	-	-	-	-	-
Your health	27	36	-	-	43	32	23	40	29	-	-	-	-	28	36
Friends	19	40	-	-	43	28	20	36	28	-	-	-	-	-	-
Skin problems	9	24	15	19	23	16	14	22	16	-	-	-	-	-	-
Brothers /sisters	19	28	-	-	33	22	18	29	22	-	-	-	-	21	27
Fear of violence/ gangs	-	-	25	19	26	21	19	27	20	-	-	-	-	-	-
Family health problems	15	25	-	-	25	20	17	26	18	-	-	-	-	18	24
The future	29	39	32	37	46	34	25	-	-	34	49	46	49	-	-
Sexual harassment	7	13	12	9	13	9	8	13	10	10	22	8	8	-	-
No worries	13	4	10	6	3	7	14	5	9	-	-	-	-	-	-
N=	3752	4354	4212	4249	2214	2516	2435	1795	6265	7046	98	349	91	2027	927