Seasonal Flu Vaccination

Protect yourself and your baby

If you are at any stage of pregnancy between 1st October and 31st March, we strongly recommend that you are immunised against Seasonal Flu.

The Seasonal Flu Vaccine will protect you and your baby against the risk of complications caused by Swine Flu, as well as protecting you against H3N2 and Influenza B.

The Seasonal Flu vaccine is available at your GP Practice from:

The beginning of October to the end of March every year

Please contact your GP to arrange an appointment to get vaccinated.

If you have any questions or concerns regarding the vaccine, please contact your GP or discuss with your midwife.