

Contact us

For more information about Caring Together, contact our programme team.

Phone: 0141 557 7552

Email: caringtogether@mariecurie.org.uk

Support Marie Curie Cancer Care

Visit: www.mariecurie.org.uk

Support the British Heart Foundation

Visit: www.bhf.org.uk

British Heart Foundation Scotland, Marie Curie Cancer Care and NHS Greater Glasgow and Clyde are working together to provide better palliative care for heart failure patients.

NHS Greater Glasgow and Clyde is supporting the Caring Together programme. The programme is jointly funded by Marie Curie Cancer Care and British Heart Foundation Scotland.

www.mariecurie.org.uk/caringtogether

www.bhf.org.uk/caringtogether

www.nhsggc.org.uk

Marie Curie Cancer Care Charity reg no. 207994 (England & Wales), SC038731 (Scotland) P802a Sept 2011

British Heart Foundation. Registered as a charity in Scotland (no. SC039426) and in England and Wales (no. 225971)



Helping you to cope with your symptoms and improve your quality of life



The Caring Together programme for patients with heart failure

A partnership programme by:



Heart failure can affect people in different ways. Your doctor or nurse has referred you to the Caring Together programme because they think you may benefit from a change in the care you are getting.

Our programme works with healthcare professionals with different areas of expertise who could help you to live more comfortably with your illness and have a better quality of life.

How can we help you?

When you are referred to our programme, we will discuss with you the type of care you are getting and other support that you or your carer might need.

When we know what your care and support needs are, we will make appropriate plans on how we can meet those needs.

For example, you will be seen by a cardiologist who can make sure that your current treatment for heart failure is suitable for you.

If you experience symptoms such as pain, difficulty in breathing or tiredness, we can help you to manage them so that you can feel more comfortable.

You will be able to talk about your illness and how it is affecting your daily life. We can give you advice on practical ways of coping with your illness such as how you can get help or other services that you might need.

We can also offer you and your carer emotional support. We can discuss important matters such as where and how you want to be looked after in the future, or other concerns that you may have.



Support and advice from your care manager

To help you get the best possible care, we will give you a care manager who will be the main point of contact for you and your carer. You can contact your care manager for advice or if you have any questions about the care you are getting.

Your care manager could be your heart failure nurse, district nurse or ward nurse, depending on where you are being cared for and your condition.

Your care manager will work closely with your GP, district nurse and other people who are providing your care to make sure you are getting the care and support that you need.



You can discuss with your care manager how and where you would like your care. Your wishes will be recorded and, with your permission, shared with all those who are providing care for you.

Your care manager will also provide details of healthcare professionals you can contact during the night and at weekends so that you can get support and advice anytime, on any day.

Although we will try to make sure that you have the same care manager throughout your care, this may change according to your condition and needs.

Do I need to pay?

No, the programme is completely free of charge to you and your carer.